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Birds of a feather

A NEW project to engage residents of care homes in a spot of fowl play is spreading its wings in Southend.

Chicken runs have been set up in two residential homes – Nazareth House and St Martin's – after national charity Equal Arts discovered new research which suggests that keeping hens near the home boosts the wellbeing of elderly people.

So far, the experiment is a success, with the four hens at Nazareth House grabbing the attention of residents who enjoy watching them in their run in the courtyard.

The residents also benefit by enjoying the eggs the hens lay.

Southend West MP Sir David Amess will officially launch the Henpower project on Friday at Nazareth House in London Road, where his 104-year-old mother Maud lives.

Jacki Lin, manager at St Martin's, added: "We have seen a difference in a short space of time – with residents getting out more into the garden to see what the hens are getting up to."

Equal Arts, which supports creative projects for the ageing, is the charity behind the project, which is also popular in the north east of England, where 20 homes have signed up.

Enthusiastic residents there have been dubbed "hensioners".



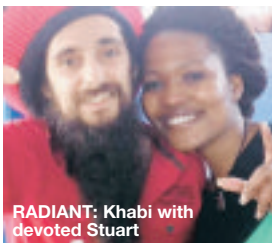
CLUCK BE A LADY: Sofia Valentine, left, and Jacky Cole introduce a hen to Margaret Culham

SHE WAS MY SUNSHINE

Husband mourns his shining light after fatal blaze in flat

THE HUSBAND of a pregnant woman who died following a fire in their Westcliff flat has described her as an "amazing, beautiful and gentle" person who touched people's hearts wherever she went.

Khabi Abrey, 30, and her unborn child died in hospital on Monday, May 9 following the fire at an apartment block in Balmoral Road on Saturday, May 7.



RADIANT: Khabi with devoted Stuart

She passed away on the eighth anniversary of her first meeting with husband Stuart.

In a tribute issued via Essex Police, Mr Abrey, 37, said: "The day I met Khabi I hadn't even seen her properly, but my heart could feel her spirit and I knew she was someone special straight away. Since then, I haven't ever wanted to be out of her presence."

"Her full name Bokhabiniana

means 'radiance' and she literally shone love everywhere she went.

"I didn't know a human being could be so pure."

"She is still alive, still that beautiful person, and still loves me as I still love her."

"I know we will be together again when the right time comes – there is no end to life or

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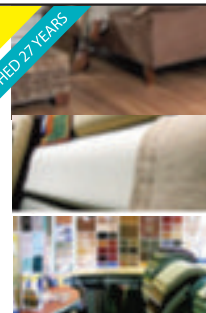
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‘Human hamster’ Dean’s wheel of fortune

By Pat Higgins

southend@yellowad.co.uk

DEAN Ovel has come up with a wheely good scheme to raise cash for Southend Hospital’s new dementia appeal – he is going to make like a hamster and run in circles for 24 hours.

The 40-year-old from Westcliff is taking an 8ft hamster wheel, which he designed and made, to the top end of Southend High Street, where he intends to spend a whole day running inside it.

He will be taking comfort breaks, but intends to eat, drink, and pound the wheel from noon on Saturday,

May 21, to noon on Sunday.

Dean is running solo and has lined up a series of bands to support and entertain him – and, hopefully, the audience he attracts.

He said: “It should be a great atmosphere – we’ll have bands, choirs and a handsome hamster competition. And anyone feeling a little more energetic can cycle for a mile next to me on a spin cycle.

“Local businesses have entered into the spirit of the day and been incredibly generous – donating some fantastic prizes.”

He added: “It’s been quite a ride already and people have just been so supportive of what started as an outlandish idea and then a working 1:15

scale Lego model.

“Now I can’t wait to get in my wheel, get focused and get running. I’ll have the support of friends, family and the great Essex public each step of the way.”

Both Dean’s grandmothers suffered from dementia, so it’s a cause close to his heart.

He was delighted to hear that the hospital has launched a £100,000 appeal to provide two therapeutic and interactive day rooms at the hospital, as well as specialist hearing aids, bed and chair sensors, mobile sensory units and reminiscence items.

His challenge begins appropriately on the last day of national Dementia Awareness Week.

This is not the first time Dean has put his best foot forward for charity. He ran 10 marathons in eight days in 2014.

Lucy Lock, the hospital’s fundraising officer, said: “Dean will help get us off to a flying start, and his zany antics will hopefully raise both a few eyebrows and awareness to those that see him on his 24-hour run – hopefully raising pounds for the appeal.

“I can’t think of a more inspiring end to Dementia Awareness Week.”

For more information and to support Dean’s 24-hour challenge on the day and to sponsor him go to justgiving.com/fundraising/human-hamster.

RUNNING MAN: Dean Ovel in his giant hamster wheel with Kayley Fletcher, left, and Lucy Lock, from Southend Hospital’s fundraising team

► speedread

● **SOUTHEND** lifeboats rescued four people from a fishing boat last Thursday after its engines failed and it started to take on water.

The inshore lifeboat was launched at 4.40pm after the coastguard received a mayday call from the boat near West Leigh middle marker buoy.

The first RNLI crew to reach the boat, three miles west of the pier near Canvey Island, assessed the situation, while a second crew took the larger Atlantic 85 lifeboat with a salvage pump from the pierhead boathouse.

The pump cleared the water, stabilising the vessel, which was towed to Smallgains Creek, Canvey, and placed on a mud berth.

The four anglers, who did not need medical attention, were taken ashore.

● **A SHORT** online film to make children and young people aware of the dangers of grooming and sexual exploitation is due to be premiered at Southend Film Festival on Thursday.

I Didn’t Know She Was... was made by University of Essex student Hayley Williams and the Southend Local Safeguarding Children’s Board.

The work is part of Hayley’s dissertation about cyber security for a degree in television production and screen media.

Alex Pool plays the main character, Charlie, who starts talking to a girl on a social media site – but all is not as it seems. The film was due to be shown at the The Big Shorts night at the Southend Odeon cinema.

● **A WOMAN** who continued to receive a council tax exemption as a full-time student after she stopped studying has been prosecuted for fraud and ordered to pay the charge she avoided.

Nomagugu Karen Mpofu, 36, of Cromer Road, Southend, pleaded guilty at Southend Magistrates’ Court on Monday, May 9.

She received a conditional discharge and must pay £349.11 costs, plus a £15 victim surcharge. She will also have to pay £2,034.53 council tax which she initially avoided.

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NEWS

Tragedy behind a leap of faith

MUM Vicky Cullen absconded down the tallest structure in Portsmouth last weekend in memory of her toddler son who died with a brain tumour.

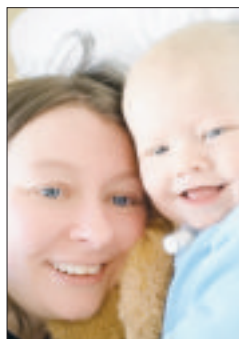
The 35-year-old from Leigh's leap of faith from the Spinnaker Tower raised funds for charity Brain Tumour Research – but she also wanted to highlight how little cash she felt government gives to brain tumour research in general.

Fraser was only 16 months old when he lost his life to the cancer, four months ago. Attending Vicky's daring stunt were Husband Warren and two-year-old daughter Louise.

When her feet were back on firm ground, Vicky was presented with a medal by Tim Green, community fundraising manager for the charity.

Tim said: "Brain tumours kill more children and adults under the age of 40 than any other cancer – yet just one percent of the national spend on cancer research has been allocated to this devastating disease.

"The money we raise helps to fund the work at our four centres of excellence."



Vicky Cullen, with Fraser who died at just 16 months with a brain tumour, and at her Spinnaker Tower challenge

Fraser was just over three months old when he was diagnosed with a brain tumour. After surgery, his parents had to decide whether to put him through gruelling high-dose chemotherapy – giving extra months of life – or opt for palliative care.

They chose the treatment –



giving them precious time with Fraser. He passed away a year later.

Vicky said: "It's too late for Fraser, but I hope we can make a difference to help others in the future.

"When Fraser first became ill, our concerns were dismissed – we were told he just had a sore throat. With

MP lobbies Parliament

CASTLE POINT MP Rebecca Harris has addressed a parliamentary debate about continuing low levels of funding for brain tumour research.

The debate was forced by a petition which attracted 120,000 signatures, supported by Canvey couple Chris and Lisa Green, whose son Danny died from a brain tumour when he was just 11 years old.

The pair set up the Danny Green Fund to help young sufferers, campaign for higher awareness and raise funds for research.

The Government petitions committee reported there had been little improvement in the prognosis for brain tumour patients over the last 30 years and that research had been seriously underfunded over decades. Harris chairs the parliament-

tary group for brain tumours, and was inspired to pick up the cause by the Green's story. She circulated to all 650 MPs a book the Greens wrote about Danny.

She said: "Over the past 30 years, although cancer survival rates have increased by 50 per cent, brain tumour survival rates have increased by only 7.5 per cent. The people involved are often children, and the figures do not begin to illustrate the degree of lifelong disability that many of the survivors, of whom there are too few, also face, or the burden added to their lives and their families.

"Brain tumours may be considered rarer cancers, but their disproportionate effect on the lives of youngsters means that we must give them a much higher priority."

Tides



High tide at Southend Pier:

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Fri:	1144	5.50	2357	5.51
Sat:	1217	5.61	–	–
Sun:	0033	5.62	1250	5.69
Mon:	0108	5.68	1250	5.69
Tue:	0144	5.68	1358	5.68
Wed:	0220	5.62	1433	5.58

AT A GLANCE

* Brain tumours kill more children and adults under the age of 40 than any other cancer

* Just 1% of the national spend on cancer research has been allocated to the disease

* 16,000 people each year are diagnosed with a brain tumour.

* Less than 20% of those diagnosed with a brain tumour survive beyond five years, compared with 50% across all cancers.

* Unlike most other cancers, incidences and deaths from brain tumours are increasing.

Source: Brain Tumour Research

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TWENTY-FOUR HOUR-RUN: Noel Kelleway, HARP 24 Committee member, left, Adam Barrett, Dan Frith, Gill Garwood, HARP CEO, and John Hunt, HARP 24 Committee

Get your kit on and run to help homeless

SOUTHEND United star Adam Barrett is urging runners to take part in next month's 24-hour marathon for HARP, Southend's independent charity helping single homeless people.

After the central defender toured the charity's Bradbury Day Centre in York Road, he said: "HARP 24 represents a fantastic opportunity for Southend's running community to come together in support of the homeless and I'm thrilled to be asked to lend a hand promoting an event for such a worthy cause"

Barrett is away during the run, which is from noon on Saturday, June 25 to noon the following day, but hopes to raise a United team next year.

Last year the event raised more than £10,000 for HARP. It is open to individuals or teams of

up to eight, with at least a third female, and over a 4.4-mile circuit from Westcliff Rugby club off Aviation Way, to Cherry Orchard Country Park.

Dan Frith, of sponsor DJC Property Management, said: "I've been impressed by the facilities available to Southend's homeless people at The Bradbury Centre. I'm also pleased that our contribution as one of the event sponsors will enable HARP 24 to offer everyone taking part the best possible experience."

HARP provides the only emergency accommodation for single homeless people in Southend at The Bradbury Centre.

For more information and to register for HARP 24 visit harpssouthend.org.uk or e-mail lisa.walton@harpssouthend.org.uk.

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Cubs spotted at zoo

A PARTY of excited youngsters kicked off a summer of fun events with a visit to Colchester Zoo.

More than 25 cubs and beavers from the 4th Rochford

troop met their leaders and a few parents to board a coach for an thrilling day out.

There were squeals of delight as the kids fed the elephants and were sniffed by the

giraffes – though handling creepy-crawlies was not for everyone.

The children also had fun watching penguins, meerkats, sea lions, zebras, hippos,

tigers and lions.

The walk-through tunnel in the aquarium was a big hit, as was posing inside life-sized models of a kangaroo and turtle.



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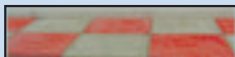
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NEWS

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PHOTO: The man police want to question

Police appeal after motorbike are car collide

POLICE are appealing for help to identify a man they want to talk to in connection with a fail-to-stop collision in Southend.

A blue Kawasaki motorbike collided with a Mercedes parked in Cambridge Road at 10.50am on Saturday, April 30.

Anyone who recognises the man in the photograph or has any information about the crash is asked to call 101, or they can email driving.complaints@essex.pnn.police.uk or call Crimestoppers anonymously on 0800 555 111.

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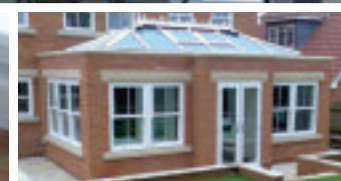
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'NO MORE SECRETS'

In an exclusive interview, the former – and first – Essex police and crime commissioner Nick Alston says a culture of secrecy led to decades of unchecked bad behaviour from officers. His tenure has overseen significant changes, however, and here he calls on his successors to continue the march towards making the county's force more transparent and accountable

By Charles Thomson

brentwood@yellowad.co.uk

Outgoing Police and Crime Commissioner Nick Alston has urged his successors to maintain the force's new-found focus on transparency.

"How can you do things with integrity if you're not doing them openly?" he asked in a recent interview with the *Yellow Advertiser*.

A culture of genuine openness was lacking before the government created the role of commissioner in 2012, says Mr Alston. But since his election, Mr Alston has shone a light on some of the less wholesome aspects of policing in Essex.

Reports into misconduct by officers are now made public, and under his direction the force has referred dozens of "failed" child abuse investigations to the Independent Police Complaints Commission (IPCC).

He has also introduced regular public meetings where Chief Constable Stephen Kavanagh answers unfiltered audience questions – broadcast live online – and is available for questions.

Mr Alston says he hadn't considered the issue of policing transparency to be too serious before assuming office, but that he now sees it as one of the most important issues for the modern force.

"There should be no secrets – except operational stuff," he says. "Police are community servants. They are of the community, serving the community."

"The whole point of PCCs was getting away from the smoke-filled rooms where the Essex Police Authority would have meetings and nobody would know anything about them."

Until late 2012, councillors were appointed to police authorities – which met around five times a year – to hold forces to account.

Mr Alston says many panels were controlled by police forces, which cherry-picked which pieces of information would be put before members.

"That's how police up and down the country operated for years," he says. "Feeding material to the police authorities that would satisfy only them. It's easy to fob off a scrutiny committee with loads of thick papers which nobody is going to have time to read."



BOWING OUT: Nick Alston

"It wasn't deliberate or malicious. It's just that there was no real understanding, on either side, about what good scrutiny and governance really looked like. That allowed chief constables to fail in some really bad ways. Take Hillsborough – what was the police authority doing? The chief constable of South Yorkshire had a police authority."

Mr Alston attended every meeting

of Essex Police Authority in the year and says it didn't offer an "effective challenge".

"Members felt they had some grip, but the reality was they were controlled by what information they received from the police," he says.

"Members came to meetings a few times a year, read the reports, then went away. That's not what we do. I've now got people crawling all over the soft underbelly of Essex Police – day by day."

During his three years as PCC, Alston hired a "small team which costs no more than the old police authority". The staff, which includes two former crime reporters, was picked to provide "really strong scrutiny".

PCC office staff member and former BBC journalist Jan Klimkowski says Alston's team "won't necessarily accept the police's first account".

Alston adds that his team "tena-

ciously" follow any financial and performance enquiries – in fact any questions that are "difficult".

"Essex Police is now probably more transparent than any other force I'm aware of," he says. He cites Operation Maple, which saw more than 40 north Essex child abuse cases referred to the IPCC.

Greater transparency, he says, will come from reducing the likelihood of getting it wrong in the first place and "fessing up quickly" when things do go awry. "As soon as you fail to talk about the near misses, you're doomed. Policing needs openness; talking about the stuff that goes wrong quickly, sorting it out and moving on. But changing habits takes effort," he said. "It should be a step at a time, but we've taken some really big steps."

● Brentwood councillor Roger Hirst is Essex's new police and crime commissioner.

"I've got people crawling all over the soft underbelly of our police..."

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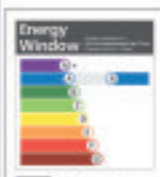
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'She was so excited to be pregnant with our daughter, KaRa'

From front page

"She was so excited and proud to be pregnant with our daughter KaRa (Ka is Egyptian for spirit and Ra means sun). She was going to be the perfect mum.

"Everywhere she went, she touched people's hearts. I didn't realise the extent of this until I saw the outpouring of love from the community, which has really touched me.

"I have been blessed to have been the one she chose and I don't really know where to go from here – she was a part of every plan.

"I know she wanted me to carry on with my artwork and book, so I will do what I know she wants me to do.

"I can't emphasise enough what an amazing, beautiful, gentle and kind person she is.

"She is free and safe and I will patiently wait until I see her again."

● Lillo Troisi, 47, of Balmoral Road, Westcliff, appeared at Chelmsford Crown Court by video link on Friday, charged with murder, arson with intent to endanger life and arson, being reckless as to whether life was endangered.

A provisional trial date has been set for Wednesday, November 9.

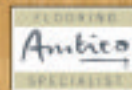


BLESSED Stuart says he will 'patiently wait until I see her again...'

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CIVIC LINE: Rob Tinlin, council chief executive, left, Mayor Judith McMahon and mace bearer Adam Tregoning

New mayor takes up chains of office

SOUTHEND has a new first citizen. Councillor Judith McMahon has been inaugurated as the borough's 96th mayor.

She will make culture and the arts a big part of her year she pledged as she accepted the post during the mayor-making ceremony.

"I am looking forward to what promises to be a very special year," she said.

Cllr McMahon represents Kursaal ward and was elected to the council in 2001. She has served as vice-

chairman of the audit committee and as licensing committee chairman.

Outgoing mayor Cllr Andrew Moring looked back on a successful year, which saw every primary school in the borough visit Porters, the official mayor's residence, and he revealed that £45,000 was raised for Southend Samaritans and the Southend Community Fund.

Mayor McMahon has chosen Southend YMCA as her charity of the year.

Cllr Fay Evans is deputy mayor.

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NEWS IN BRIEF

● **THREE** members of Essex Fire and Rescue Service – assistant divisional officer Terry Jewell, sub officer Tim Hersey and leading firefighter Greg Kench, from the urban search and rescue unit – who were sent to Nepal after earthquakes last year, have attended a garden party at Buckingham Palace.

Members of the UK International Search and Rescue team were invited to attend in recognition of the support given to the country. The Essex team, which included six rescue specialists and search and rescue dog Darcy, spent nine days in Nepal.

● A GRANT of £234,537 from the Big Lottery will be used by a charity to support people with mental health issues.

Southend Association of Voluntary Services (SAVS) Reaching Communities programme will be able to continue to support people recovering from mental ill-health into volunteering for the next five years.

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Andy's recovery gets race boost

CANCER survivor Andy Sperling hopes to raise thousands for the charity Delete Blood Cancer UK when he runs in the Southend half marathon next month. The event lands on the first anniversary of his first chemotherapy session to treat lymphoma.

Andy is also planning to publicise the life-saving potential offered by people registering as prospective stem cell donors.

"This is a way of getting my fitness back – but it's also to show people that you can bounce back from these illnesses," he said. "Being able to raise money for a great charity is a huge motivation, and hopefully will help to raise awareness of the importance of registering as a potential stem cell donor – with Delete Blood Cancer UK."

A blood stem cell donation is the only chance of survival for many blood cancer patients.

Of course, a matching donor not being not being available doesn't mean that there is nobody with a tissue type compatible with the patient.

It just means, tragically, that the potential donor has not registered as a potential blood stem donor.



GIVING BACK
Andy's half-marathon will highlight stem cell donor campaign

Andy has arranged a blood stem cell donor registration stand at his company, Standard Chartered, as part of its 'health awareness week', in a partnership with Delete Blood Cancer UK.

Anyone can register to be a prospective stem cell donor. After just a few minutes online at Delete Blood Cancer's website, you can request a cheek

swab kit for a tissue test.

The results are then logged onto a national database, where matches are sought every minute of every day.

● Support Andy by donating at: justgiving.com/sterryandfryatt

● More details of delete Blood Cancer can be found at www.deletebloodcancer.org.uk

A 'bizarre' democracy

AS we are about to see a change in who runs the borough of Southend-on-Sea, I'd like to remind people that the new administration will be led by a Conservative Party that achieved its lowest vote share in more than two decades – attracting less than 30 per cent of those that voted.

They will be propped up by UKIP, who failed to win a single seat. Such is the bizarre nature of our democracy.

The Tory-UKIP pact replaces a joint administration, whose candidates received just over 51 per cent of the popular vote.

Not only are UKIP bending over backwards to give the reins of power to the Tories, they do this in defiance of the wishes of Southend's voters.

Doubtless both UKIP and their new blue friends will now celebrate every cut foisted upon them by Mr Cameron's Government. In the meantime, the Labour Group will continue to fight for fairness.

Cllr Julian Ware-Lane
Labour, Milton ward

Independent thinking

I WISH to thank all of you who voted for me in the local elections recently.

Thank you for using your vote for the Canvey Island Independent Party – and thank you for taking the trouble to come out and vote.

I had the privilege of being able to speak with some of you after you had cast your vote, and I have taken on board your concerns for surface water flooding, and for the plans to increase large scale building on the Island without out any improvements to the much needed infrastructure of more roads for the Island.

I will do my utmost to speak up for you both in the council chamber at Castle Point Council, and more locally at the Canvey Island Town Council, of which I am a member.

I am disappointed at the ramblings and inaccurate statements last week of David Manclark, who continually and wrongly blames the Canvey Island Independent Party for not putting in place

actions to dredge the Canvey Lake.

There never was a large amount of money available to do this – as he quotes. The money he is talking about was a proposal list put together by a joint partnership of the borough council, the town council, the environment agency, and Groundwork.

This was an estimate put together on how much money would be needed to be spent in order to bring the lake up to a high standard to be enjoyed by residents and visitors to the lake.

I am willing to explain in detail to Mr Manclark the history of events on what has been done, and what in future will hopefully be carried out by the environment agency and the water authorities. That is, if he wishes to listen to me!

I will do my best to speak up for Canvey Island residents in the coming months and years, as there are many big issues coming up that affect us all on our island.

Cllr John Anderson
Canvey Island Independent Party,
Canvey Central Ward

■ We welcome letters and e-mails on all subjects. Please keep them to fewer than 250 words and include your full name, address and daytime telephone number for verification. Anonymous letters will not be accepted for publication. Contributions may be edited for reasons of space. The opinions expressed on this page are not necessarily those of this newspaper.

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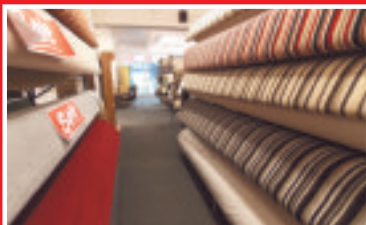


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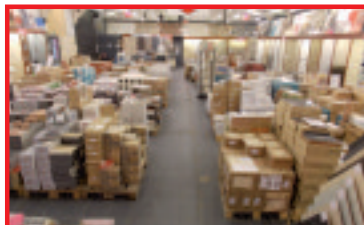


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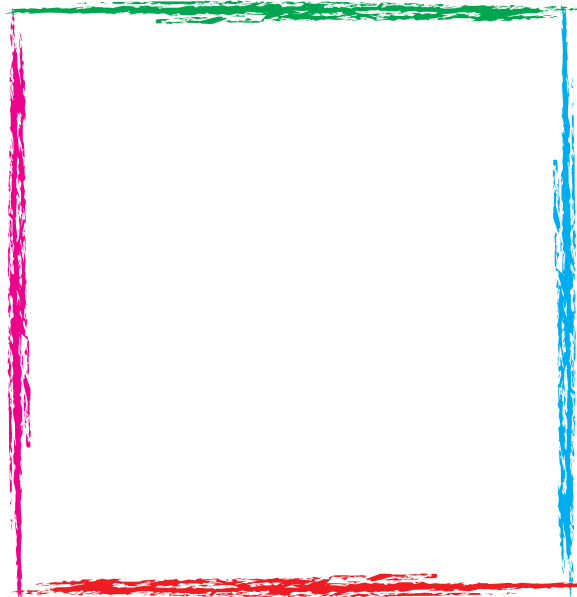
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NEWS

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Three teenagers held over 'drugs' inside stolen car

Police helicopter and dog unit in chase through town

THREE teenagers were arrested on suspicion of car theft and possessing drugs following a police pursuit through Southend.

Officers tried to stop a Volkswagen Polo in Central Avenue at 2.20am on Thursday, May 12, but said it made off, leading to the chase which involved the force helicopter and a dog unit.

The car, which police said was later found to have been stolen, stopped in Sutton Road and three people inside were arrested with the help of a police dog called Wilson.

Two men from Southend, both 18, and a 16-year-old girl from Westcliff were arrested, and suspected cocaine and cannabis were found in the car.

One 18-year-old was arrested on suspicion of theft of a motor vehicle, possession of class A drugs and possession of class B or C drugs. The other was arrested on suspicion of theft of a motor vehicle, dangerous driving, failing to stop, possession of class A drugs and possession of class B or C drugs.

The girl was arrested on suspicion of theft of a motor vehicle and possession of class A drugs. All three were bailed until August 2.

Cyclist, 61, hurt in crash

A 61-YEAR-OLD cyclist from Southend was taken to hospital with serious but not life-threatening injuries after a collision involving a grey Citroen Xsara Picasso in Blenheim Chase, Leigh, at 9.50am on Friday, May 13.

A 67-year-old man from Leigh was arrested on suspicion of traffic offences and later reported for process for failing to stop after a road accident, driving without due care and attention and failing to report an accident.

Any witnesses should contact PC Mark Hewitt on 101.

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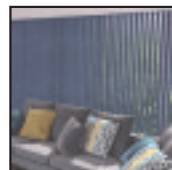
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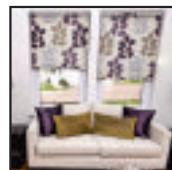
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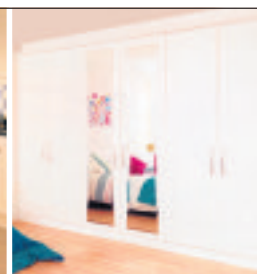


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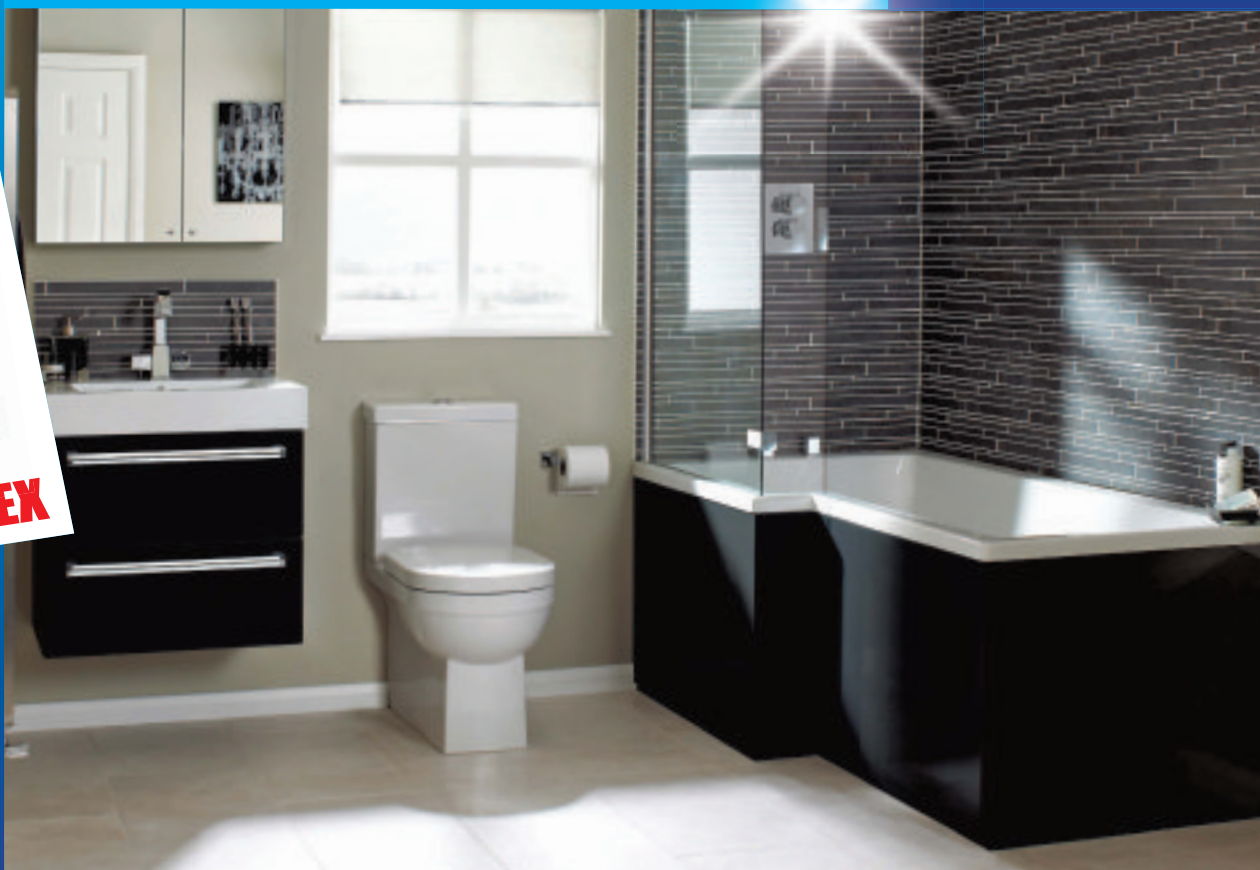
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PrimeTime

**What's on and
what's coming**

THIS TIME IT'S PERSONAL

SEASIDE SPECIAL: Craig Fairbrass. Top right, in *London Heist*, which is premiered at the Southend Film Festival, and bottom with Paul Cotgrove, festival director

Main photo by Martin Dalton

By **Pat Higgins**

CRAIG Fairbrass has starred in scores of feature films, but his latest, *London Heist*, is the first one he has written.

It gets its premiere at this month's Southend Film Festival which pleases him because he has happy childhood memories of trips to the seaside.

"I was born in Mile End and we didn't need much of an excuse to jump on the train and head to Southend," Fairbrass said.

London Heist is a revenge thriller and has been 20 years in the making.

"I had the idea for the film all those years ago, and it has changed and evolved over that time, but I am pleased with the end result," he said. "It's a thriller with a twist."

Fairbrass plays career criminal Jack Cregan who sets out to avenge the murder of his dad and the theft of their heist money.

"It's been a real slog," he admitted. "Not just writing it and getting that right, but raising money to make it. I certainly wouldn't tackle anything like this again."

But he is delighted with the outcome, and slightly emotional too.

His dad died 18 months ago and he was looking forward to the film being finished. His son Luke is producer and already has a general distributor, Lionsgate.

"Yes, I am very proud of *London Heist*," he said. "This is my third attempt to get to the Southend Festival. Paul Cotgrave has invited me before but I've always been busy."

"This year I can make it and the added pleasure is that it's the first time my film will be shown."

Fairbrass, 52, has more than 40 films under his belt in the UK and USA plus a stint in TV soap

EastEnders. He has appeared with stars such as Denzil Washington, Charles Dance and Sylvester Stallone

He starred in the *Rise of the Foot Soldier* (2007), a movie based loosely on events leading to the 1995 murder of three drug dealers in Rottendon, and also starred in crime caper *St George's Day*.

The Southend-on-Sea Film Festival opens on Thursday, May 26, at the town's Odeon cinema with *London Heist*, followed by a second world first screening the same evening of *Midnight of My*

Life, starring The Hobbit and Sherlock actor Martin Freeman as Steve Marriott, lead singer with The Small Faces. This poignant study of talent, ageing and what pop music success means is directed by Phil Davis, star of Mod movie *Quadrophenia* and TV hits such as *Poldark* and *Ripper Street*, who will introduce the film during the opening night.

From Friday, May 27, to Monday, May 30, a variety of films will be screened at Park Inn by Radisson Palace Hotel, Church Road, Southend, in the

● Turn to page 26

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Stage

Docu-feature on Mike closes festival

From page 25

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On the Friday, the programme includes Lullaby of Broadway, Shall We Dance, Never Too Young To Rock, Essex Disco Fever in the Palace Ballroom, and Dick Barton at Bay, Murder Ahoy, La Strada and Force Majeure in the Royal View Suite.

On the Saturday, it's Who Framed Roger Rabbit, Anna Unbound, Love Me Do, and Respectable: The Mary Millington Story in the Palace Ballroom, and Tangerines, Taxi Tehran and The Carrier in the Royal View Suite.

On Sunday, Labyrinth, Fear of Water, K-Shop and Bonded By Blood 2 will be showing in the Palace Ballroom, while The Family Outing, Moby Dick, Wild Tales and The Road From Elephant Pass will be screened in the Royal View Suite.

The Laurel & Hardy Laughter Show: Auto Antics, More Essex Connections, The Lost Films of Peter Sellers, are in the Palace Ballroom on Monday, with Tubby Hayes: A Man In A Hurry, Le Havre and Les Combattants in the Royal View Suite.

During the closing gala on Monday, at Park Inn by Radisson Palace Hotel, there will be the world premiere of Under The Radar: The Mike Edmonds Story, a documentary feature about one of Southend's favourite sons.

Since getting his first break in Ken Loach's Black Jack in 1979, Edmonds has stolen scenes in films such as Time Bandits, Star Wars: Episode VI - Return of the Jedi, Who Framed Roger Rabbit and Harry Potter. He has also appeared in theatre and on television and radio.

The feature follows him from his early life in rural Essex, and dreams of joining the circus, to a life-changing decision to answer an advert for "midgets" in The Stage.

Edmonds and director Simon Frith will introduce the film and take part in a Q&A session afterwards.

From now until Saturday, June 4, other venues are showing films as part of the festival including TAP, Beecroft Art Gallery and Focal Point Gallery. All main festival tickets cost just £5.

■ For further details about the film screenings and tickets visit southendfilmfestival.com or call 07981 824283.

X-factor



VILLAINESS: Olivia Munn as Psylocke
PA Photo/20th Century Fox

X-MEN: APOCALYPSE (12A, 144 mins)

THE ideological divide between the mutants is wider than ever in the sixth film in the X-Men series, which signals the return of Bryan Singer to the director's chair.

Ten years have passed since the cataclysmic events of X-Men: Days Of Future Past, which saw Logan (Hugh Jackman) travel back in time to 1973 to make contact with the young Professor X (James McAvoy) and Magneto (Michael Fassbender) and neutralise the Sentinel program of killer robots, which almost com-

pletely wiped out the misunderstood mutant population.

It's now the early 1980s and the very first mutant, En Sabah Nur, aka Apocalypse (Oscar Isaac), reawakens after thousands of years of inactivity.

He is disgusted by the pitiful state of mankind and resolves to clean the evolutionary slate by creating a new world order with the help of his four devoted horsemen of the apocalypse: Angel (Ben Hardy), Psylocke (Olivia Munn), Storm (Alexandra Shipp) and Magneto.

Professor X and Raven (Jennifer Lawrence) are determined to protect

mankind at all costs and they assemble a gifted team of young X-Men to avert armageddon, including Beast (Nicholas Hoult), Jean Grey (Sophie Turner), Quicksilver (Evan Peters), Nightcrawler (Kodi Smit-McPhee), Havok (Lucas Till) and his younger brother Cyclops (Tye Sheridan).

As the fate of the world hangs in the balance, mutants must decide where their allegiances lie and an Adamantium-clawed ally shows his hirsute face to shore up support for the helpless humans.

Released: May 18

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Liz At Large

YA features
reporter Liz
Wade goes
out and about



Victorian fort in riverside park

A UNIQUE mix of heritage and natural conservation features can be found at Coalhouse Fort Park in East Tilbury.

While the fort is the subject of conservation, so are the vast open areas surrounding it, which were designed to create clear firing zones.

These are now used as recreation grassland and thousands of people visit the site every year to enjoy a picnic while the children play or take in a walk around the fort's moat.

Coalhouse Fort Park, which covers 37.4 hectares, is one of Thurrock's finest open spaces and much of the site is classified as a Scheduled Ancient Monument.

There are several distinctive areas including grassland planted with trees at the centre, an amenity grassland with a children's play-ground to the west, grasslands under active conservation in the northern half, and flood meadow and river frontage to the south.

A number of Second World War gunnery posts remain at the site including a quick fire battery, which is a great place for children to explore and enjoy views across and along the river.

There is also a radar tower by

the water and a two-storey concrete structure next to the fort that was used to control the nearby minefield.

The outlying areas of the park are broadly made up of grassland, flood meadow and saltmarsh that provide natural habitats for wildlife.

This area of saltmarsh, which has been identified as nationally and internationally important under SSSI (Site of Special Scientific Interest), SPA (Special Protection Area) and Ramsar wetland designations, covers 312 hectares from Coalhouse Point to Mucking Flats.

It is significant for both wintering wildfowl and wading birds, as well as plant and invertebrate species.

While you can explore Coalhouse Fort Park at your own leisure, its pocket story can also fit into your pocket thanks to the Mobile Explorer app, which has been funded by the Veolia Mardyke Trust and the Heritage Lottery Fund.

As well as featuring two trails at Coalhouse, one for its park and the other for the fort, there is another tour that takes you around



UNIQUE: Coalhouse Fort in Coalhouse Park

the Bata Estate in East Tilbury if you want to discover more about the area.

These can all be downloaded at mobile-explorer.co.uk.

If you are looking for refreshments, the park's Engine Room Cafe, which is open on weekends from 10am to 4pm and every day in the school holidays, serves food and drink.

Those wanting to spend longer can combine a visit to the park with a tour of Coalhouse Fort, built between 1861 and 1874 to fortify the Thames estuary, by attending one of its special open days held on the last Sunday of every month, between March and November, including Bank Holidays.

Events are also held at the park and include Bug Detective Days on

Wednesday and Thursday, June 1 and 2.

The sessions from 10am to noon and from 1-3pm on both days cost £5 per child and can be booked by calling 0845 300 5264.

■ For further information about Coalhouse Fort Park visit coalhousefortpark.org.uk, and for the fort as well as its open days, visit coalhousefort.co.uk.

**You can read previous days out by visiting
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PrimeTime

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH.** You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, May 21

- Photos and pictures of Old Wakering and Barling - Wakering Library.
- Basildon Saturday Club - for people with special needs, 9am to noon, games, music, arts, crafts. Ages 14 upwards, Frypa Hall, The Fryth, Basildon. 01268 415409.
- Counselling service - The Olive Tree Centre, 9am-9pm, call anytime and we will get back to you, 01702 524346, enquiries@olivetreecentre.org.uk.
- Yuglio Club - play and trade yugioh, 120 Southend Road, St Catherine's Church Hall, Wickford, SS11 8EB, mini-tournaments, 1.30-4.20pm. 07985 671289.
- Dads and Kids Club - The Megacentre, Rayleigh, 10.30am-1.30pm, free entry for ages five to 17 with their fathers and father figures. 01268 779100.
- Saturday Morning Club - St Michael's Church Hall, Leigh Road, 10am to noon, free entry. Inter-Church Caring for the Elderly and Disabled. 01702 437863.
- Brush Strokes Art Group - Highlands Methodist Church, Leigh, 9.15am-12.15pm, new members welcome. 01277 627043.
- Different Strokes Exercise Class - St Peter's Church Hall, Eastbourne Grove, Southend, for stroke victims, 2.30pm. 01702 612509.
- Jazz workshop - Southend Jazz Co-op, Hadleigh old fire station, Hadleigh, 10am-1pm, £5 per session (concessions).

Sunday, May 22

- Canvey Miniature Railway Train Rides - by Waterside Sports Centre, Somnes Avenue, Canvey Island, SS8 9RA. 10.30am-3.45pm, choice of two railways, steam and electric locos, adults and children £1 each per ride, weather permitting. Contact 07950 659596.
- Ron Spack's Dinner Jazz - Westcliff Hotel, Westcliff, 12.30pm. 01702 345247.

- Sunday School - The Ark, Hadleigh Methodist Church, Chapel Lane, SS7 2PQ, 11am to noon, ages three to 10. Call 07585 601815 or 07967 913344.
- Quaker Meeting for silent worship and meditation - Quaker Meeting House, Donaldson Drive, Leigh-on-Sea, 10.30-11.30am, followed by conversation.
- King's Church, Southend - Blenheim School, off Blenheim Chase, Leigh, every Sunday, 10.30am to noon, 01702 523639.
- Greek Community of Southend & District, Church of St Barbara, St Phanourios and St Paul's, Salisbury Avenue, Westcliff, 10am to noon. 01702 466435.
- Sunday Club - TGH Evangelical Church, Kiln Road, Thundersley, (ages three to 12), Bible stories, craft, singing, 10.45-11.45am, no charge, details 01702 554904.
- Mojo Friendship Club - Travellers' Joy, Downhall Road, Rayleigh, 11am, details Mo 07757 658799 or 07842 211218.

Monday, May 23

- Played bowls before? Come and try it at FS&S Club, Gardiners Close, Basildon. All-weather green, free coaching given, regular club mornings, details call Chris 01268 419831.
- Green bowls - Mopsies Park, Vange, details 01268 558756.
- Games Club - St Clement's Church, The Broadway, Leigh-on-Sea. Scrabble, chess, rummy, backgammon and lots more. 2pm-4pm. Tel 07884 148148.
- Ron Spack's Jazztet - Oakwood, Rayleigh Road, Eastwood. John Sharpe, saxophone, Chris English, keyboard, 8.30pm. 01702 512819.
- Coffee Morning - Christ Church, Wickford, 9am to noon. All welcome.
- Club 50+ - 15 Queens Road, Southend, 9.30am-3.30pm, daily, £2 day pass, details 01702 346863.
- Sunshine Coffee Morning - for parents in Craylands and Felmores area. Biscoe Community Centre, 9-11am, free workshop, coffee and creche. Call Dawn 07880 035968, or turn up.
- Dance class - usually six-week course, ballroom, Latin American, Ashingdon and East Hawkwell Memorial Hall. Info: 01702 546219/542349.
- Leigh Scramble Club - 7-10pm. All standards. Wesley Hall, Leigh Broadway, Leigh-on-Sea. Just turn up or call Peter on 01268 727915.
- George Hurd Centre, Basildon, for the over-50s. Craft: 10am to noon, tai chi: whist 9.45am-12.30pm, 10am to noon, art: 12.30-2.30pm, choir: 2.30-4pm, indoor

- bowls: 2-4pm. £2, 01268 465854.
- Senior Citizens Club - Richmond Hall, Benfleet, 1.30-3.30pm.
- Counselling Service - The Olive Tree Centre, 9am-9pm, call anytime and we will get back to you, 01702 524346, enquiries@olivetreecentre.org.uk.
- Over-50s Keep-fit Classes - Fryerns Community Centre, Pat 01268 770294.
- Over-50s session - Megacentre Rayleigh, 7 Brook Road. Badminton and table tennis 2-4pm. £3.50 inc refreshments and equipment. 01268 773100.
- Activity Session for adults with special needs - 10am to noon. The Megacentre, Rayleigh, 7 Brook Road, Rayleigh, £1 per session, no charge for carers.
- Duplicate Bridge - Balmoral Bridge Club, Highlands Methodist Church, Olive Avenue, Leigh (opp Thames Drive), 1.15pm-4.30pm, call Vernon 01702 343611 or Tony 01702 520993.
- Duplicate Bridge - Thorpe Bay Bridge Club, 62 Southchurch Boulevard, Southend, non-members of all standards welcome, 2-4.45pm (no partner needed), 7.30-10.30pm, call Danny 07843 771774.
- Weekly Craft Workshop - St Peter's Church Hall, Thundersley, Benfleet, 6-8pm, details Michelle 07730 582784.
- Basildon Players Amateur Dramatic Group - 8-10pm, James Hornsby High School, Leinster Road, Landon, details Jeff Levy 07913 426371, email join@basildonplayers.co.uk.
- Zumba - Pitsea Day Centre Over-50s, Northlands Pavement, Pitsea, 9.15-10am. 01268 465432.
- Beginners Computer Course - Pitsea Day Centre Over-50s, Northlands Pavement, Pitsea, 11am-1pm. 01268 465432.
- Short Mat Bowls Club in Hadleigh - welcomes new members. Canvey Short Mat Bowls Club, call Kevin 01268 792433.
- Short Mat Bowls - in Thundersley, beginners welcome, details 01268 779174.
- Indoor Short Mat Bowls - Prittlewell Bowls Club, Priory Park, Southend, Ray 01268 777666.
- Indoor Short Mat Bowls - George Hurd Centre, Audley Way, Basildon, for over-50s, Mon 2-4pm, Tues 2.15-4.45pm, Wed 1.30-3.30pm. 01268 465854.
- Whist - George Hurd Centre, Audley Way, Basildon, for over-50s, 10am to noon, details 01268 465854.
- Senior Citizens Club - Ghyllgrove Centre, Butneys, 1.30-3.30pm, 01268 293995.
- Pensioners stall - York Road Outdoor Market, Southend, 8am-2pm.
- Evening of clairvoyance - Room 2, Paddockos, Long Road, Canvey, 7.30pm, £3, all profits to local charities, healing

what's on

- available after service 9pm, 01268 691922.
- Healing in Basildon - 10.30am-4pm, qualified NFSh healers, no charge, all donations to local hospice, call 07956 353564 for an appointment.
- Development Healing Circle - Face Salon, Burdett Avenue, Westcliff, an understanding of spiritual healing and prayer, 8-9.30pm, 07879 004744.
- Fitness Walking - from Leigh Tennis Club, Highlands Boulevard, Leigh, 7.15-8.15pm, 01702 715509.
- Scrabble Club - Wesley Church Hall, Elm Road, Leigh Broadway, (opp police station), beginners welcome, no partner needed, 7-10pm, £3, call 01268 727915.
- Hadleigh Castle Townswomen's Guild - Appliance Hall, Old Fire Station, High Street, SS7 2PA, 1.30-3.30pm. Visitors £2.50.

Tuesday, May 24

- IT help sessions - Billericay Library, 10.30am to noon. Details 01277 624624.
- Magic: The Gathering Club - play and trade, beginners welcome, Landon Community Centre, SS15 6NX, 6-10pm, email: BasildonMTG@hotmail.com.
- Parent and Toddler Messy Play Group - Buttercup Club, St Michael's and All Angels Church, Sir Walter Raleigh Drive, Rayleigh, 9.30am and 11am. 01702 712150.
- Alzheimer's Society Men's Motivational Group - call 01702 345156 or 343121.
- Anchor Folk Club - Brooke Williams, 7-9 Northwell Drive, Westcliff, 8pm, £3, 01702 715111.
- Counselling service - The Olive Tree Centre, 9am-9pm, call 01702 524346, enquiries@olivetreecentre.org.uk.
- Yoga Class - Thorpe Green Community Centre, Delaware Road, Shoeburyness, 7-8.30pm, £3, bring a blanket and yoga mat, ages 16-plus. 07961 314983.
- Social Dance Class - instruction, in ballroom, Latin American and sequence, 8.30-10.30pm, Ashingdon and East Hawkwell Memorial Hall. 01702 546219 /542349.
- Table Tennis - 7.30-10.30pm, The Megacentre, 7 Brook Road, Rayleigh, £3.60 per session.
- Weekly Craft Group - Oasis Coffee House, 189 Leigh Road, Leigh. 2.30-4pm. No charge. Emma 01702 471873.
- Social Dance - 1.45pm, St Cedd's Church, Bridgewater Drive, Westcliff. Ballroom, sequence, Latin, 01702 618771.
- Scrabble Club - Hockley Social Centre (rear of library), 6.30-10pm, first two visits free, 01702 205910.

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every day for £20.95 per person. The menu, which introduces diners to the Cypriot way of eating, starts with tasty dips and pitta bread, and is followed by cold starters and fish dishes, Cypriot wine sausages, smoked loin of pork and grilled goat's milk cheese.

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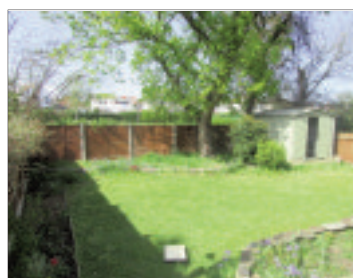
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THUNDERSLEY £950 pcm

- * Two Bedroom Semi Detached Bungalow
- * Double Glazed Throughout
- * Re decorated Throughout
- * Lounge with Fireplace
- * One Double Bedroom
- * One Good Sized Single
- * Fitted Kitchen with Oven
- * Gas Central Heating
- * Pretty Rear Garden with Shed
- * Energy Efficiency Band D



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NEW LISTINGS



SOUTHEND £ POA

- * One Bed Brand New Apartment
- * Fantastic Views
- * Allocated Parking for Two Cars
- * Energy Efficiency Band D



NEW LISTING



LEIGH-ON-SEA P O A

- * Four Bed Character Detached House.
- * Walking Distance to Chalkwell Rail Station.
- * Huge Lounge with Gas Log Burner
- * Separate Dining Room/Study
- * Large Kitchen/Breakfast Room
- * Expansive Conservatory.
- * Enormous Master Bedroom.
- * Bathroom with Roll Top Bath
- * Estuary Glimpses
- * Energy Efficiency Band E



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90 Broadway Leigh-on-Sea Essex SS9 1AB T 01702 719 777
www.essexcountryside.com leigh@essexcountryside.com



Warren Road, Leigh on Sea

Five Bedrooms £825,000

A fantastic opportunity to purchase this substantial and surprisingly spacious five bedroom detached family home, nestled in one of Leigh on Sea's sought after turnings, being within easy reach of Belfairs Woods and Nature Reserve and also a short drive to Leigh Broadway and mainline railways station, giving direct access to London Fenchurch Street Station. This superb house also has the benefit of being in the West Leigh School and Belfairs catchment.

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Essex Countryside



Esplanade Gardens, Westcliff

Five Bedrooms £895,000

An outstanding five bedroom detached family home which is located in this enviable position within the Chalkwell Hall Catchment and just minutes walk of the beach and mainline railway station. This beautiful home is spread out over three floors and boasts two separate reception rooms, an impressive kitchen/family room, three bathrooms and a south facing rear garden.

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**New
Price**

90 Broadway Leigh-on-Sea Essex SS9 1AB T 01702 719 777
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Electric Avenue, Westcliff on Sea One Bedroom £209,950

A brand new luxury one bedroom ground floor apartment with its own rear garden, 16' open plan lounge kitchen and own driveway for one vehicle. This apartment benefits from a quality finish throughout, call to view today.

01702 719 777



Crescent Place, Hadleigh

Three Bedrooms £350,000

Delightful three bedroom family home located close to hadleigh town centre and nestled within this small modern mews development amongst similar properties. Offering spacious accommodation including a large open plan kitchen/diner overlooking the rear garden, separate lounge again overlooking the garden.

01702 719 777



Southbourne Grove, Westcliff

Two Bedrooms £399,995

An enormous two bedroom bungalow with exceptional potential and could be extended, two reception rooms, a conservatory, detached garage and ample off street parking. There is a delightful west backing garden in excess of 100' and no onward chain. Call today to view.

01702 719 777



Shirley Road, Leigh on Sea

One Bedroom £175,000

Beautifully refurbished throughout to include a brand new luxury fitted kitchen with integrated appliances. Brand new bathroom suite along with newly fitted carpets, full redecoration and brand new heating system. Situated in this popular development close to local transport links.

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The Ridgeway, Westcliff on Sea

Four Bedrooms £695,000

A very attractive four bedroom family home located on the ever popular Chalkwell Hall Estate and within the School catchment, being close to both the beach, Leigh Broadway and chalkwell mainline railway station giving direct access to London Fenchurch Street. A great family home situated in a convenient position and which must be viewed immediately to avoid disappointment.

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Elm Close, Rayleigh

Three Bedroom £535,000

Stunning detached bungalow in sought after location offering spacious well planned accommodation with fabulous integrated kitchen breakfast room, large lounge leading onto lovely gardens and three bedrooms with ensuite to the master. The property sits on a good size plot with private drive and garage.

01268 748 428



Downhall Road, Rayleigh

Four Bedrooms £650,000

An impressive detached family residence in a much sought after location close to the station and in the catchment for schools. The spacious accommodation offers four double bedrooms and two bathrooms with excellent ground floor living space and a large family garden. Call today to book a viewing to fully appreciate what is on offer.

01268 748 428





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Green Lane, Eastwood
Four Bedrooms £409,995

Four bedroom two reception room detached home close to popular Schools. This spacious and well planned family home maintained by the owners to a high standard with the benefit of a modern kitchen/breakfast room, cloak/shower room and a delightful South backing garden. Situated close to local Shops, Schools and bus routes close by providing access to rail stations.

01268 748 428



Hillside Road, Eastwood
Three Bedrooms £550,000

This exceptionally spacious family home has been well maintained by current vendors. With its stunning interior this three bedroom semi detached character family home is situated in this most sought after road. A luxury fitted kitchen with a large island, separate utility room and a south backing rear garden.

01268 748 428



Albert Road, Rayleigh
Four Bedrooms £425,000

Price Guide £459,995 This stunning four bedroom detached family home situated in this idyllic location being within close proximity to local schools, shopping facilities and bus routes and with Rayleigh High Street and Station close to hand. The property boasts spacious ground floor living accommodation, off road parking and garage. Viewing is highly recommended.

01268 748 428



Thames Road, Canvey Island
Four Bedrooms £299,995

Price Guide £299,995 Four bedroom detached chalet situated in this most desirable location being within close proximity of local schools, shopping facilities and sea front. The property boasts exceptionally spacious living accommodation with fabulous West backing rear garden, off road parking, large garage and is being offered with no onward chain.

01268 748 428

2 Church Street Rayleigh Essex SS6 7EE T 01268 748 428
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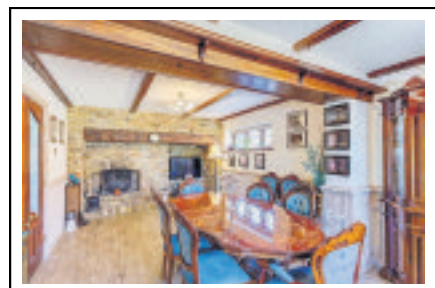
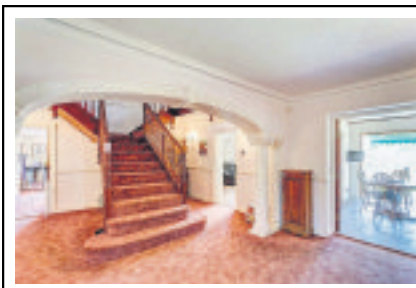
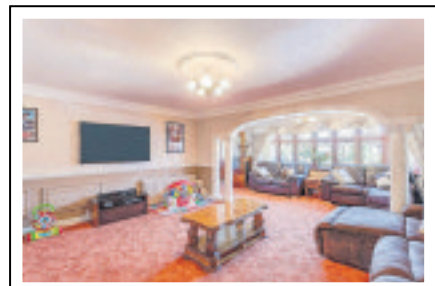


Grasmere Avenue, Hullbridge

Five Bedrooms £675,000

Exceptionally spacious five bedroom detached executive family home situated in this most desirable location in Hullbridge and being within close proximity to local shopping facilities. The property boasts spacious living accommodation with five ground floor reception rooms, sweeping in and out driveway, off road parking for numerous vehicles, garage and South backing rear garden and pool.

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Connaught Gardens, Shoebury

Three Bedrooms £325,000

A beautifully presented three bedroom house with cleverly planned living space - 70ft garden & detached 20'10 x 9'0 workshop, no onward chain. Located in this prime residential location are delighted to offer for sale this excellent size home. There are three bedrooms, 22'7 x 17' (max) lounge & 16'6 kit/breakfast. You do not want to miss this property.

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Barnstaple Road, Thorpe Bay

Three Bedrooms £475,000

Ideally located detached three bedroom family home situated in the much sought after Bournes Green catchment. An ideal opportunity to purchase this spacious family home which could be extended to the side subject to planning.

01702 583 244



Victoria Drive, Great Wakering

Three Bedrooms £275,000

This well presented semi detached three bedroom bungalow with conservatory, located in a quiet village location. The property offers good living accommodation and is light and airy.

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Caulfield Road, Southend

Two Bedrooms £235,000

A traditional two bedroom home offering great space & located close to good schools, major C2C rail links & seafront - 60ft garden & parking to the front. Delighted to offer for sale this lovely size two bedroom home in an ultra convenient location. No onward chain.

01702 583 244



Chapel Place, Shoebury Garrison

Three Bedrooms £360,000

This three bedroom terraced town house situated in this most desirable location on Shoebury Garrison and being within walking distance to seafront and with local schools and shops close to hand. The property boasts large integral garage, South backing rear garden and off road parking. Viewing is highly recommended.

01702 583 244



Southchurch Bld, Southend

Four Bedrooms £485,000

Fabulous size four bedroom detached house on the ever popular southchurch boulevard with three reception rooms, 83ft rear garden and a large front area. There is lots of potential for extension subject to the usual consents and would ideal for a family. Close by to local grammar school and high school. Call us today to view.

01702 583 244



High Street, Shoeburyness

Three Bedrooms £325,000

Three bedroom semi detached house with a luxurious interior - stunning bespoke kitchen with contemporary open plan living accommodation. Viewing is essential to appreciate the love, care & attention this home has received in recent times. Superb open plan living within easy reach of major C2C rail links & award winning blue flag beaches.

01702 583 244



LARGE SEAFRONT APARTMENT WITH STUNNING VIEWS & TWO BALCONIES £GUIDE PRICE £250,000 - £275,000

IMMEDIATE VACANT POSSESSION - KEYS AVAILABLE TO VIEW this huge apartment situated on the seafront at Chalkwell with two south facing balconies with stunning sea views, two parking spaces, two double fitted bedrooms, en suite shower to master bedroom, fabulous 22'6 x 16' lounge with views across the Estuary, 15'8 x 10'6 kitchen, gas central heating, 12'4 x 10'6 bathroom. Ref etl5421



Broadway West, Leigh £349,995

We have pleasure in offering for sale this stunning first floor purpose built flat situated within this landmark Art Deco building. This beautiful flat has been completely refurbished within the last two years and internal viewing is essential. THREE BEDROOMS, elegant Lounge, luxury kitchen, dining area, luxury bathroom, allocated parking. Ref etl5429



Westcliff on sea £339,995

An exceptional and beautifully presented three bedroom bungalow situated in a highly sought after location near Kenilworth Gardens close to local shops, High Schools and Southend Hospital. Three bedrooms or two bedrooms and three reception rooms, lovely rear lounge overlooking the garden, spacious luxury fitted kitchen, separate dining room, luxury bathroom, back paved parking for four cars, internal viewing essential.



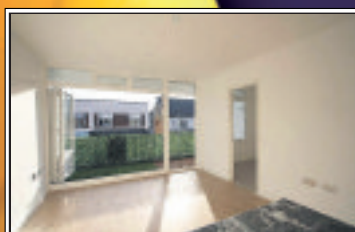
Superb south backing plot, Leigh-on-sea £469,995

We have pleasure in offering for sale this large detached three double bedroom family home, The property occupies an impressive 40' x 160' SOUTH BACKING plot with an impressive 40' x 90' SOUTH FACING REAR GARDEN. En suite shower room to master bedroom, stunning 28'1 x 21'1 open plan lounge, dining room and kitchen, superb lounge with vaulted ceiling, 14' x 13' dining area, new fitted kitchen, luxury ground floor bathroom, KEYS AVAILABLE FOR VIEWING. Ref etl5389

20+ Essex Team Offices

Town & Country

1348 London Road, Leigh-on-Sea, SS9 2UH est.1952



2 BED FLAT, Close to Broadway & Station £249,995

A terrific opportunity to purchase this refurbished luxury purpose built flat situated in the heart of Leigh-on-sea, close to the Broadway, Old Leigh Town and Leigh Station. Keys are available for viewing. TWO BEDROOMS, BEAUTIFULLY FITTED KITCHEN WITH APPLIANCES, OPEN PLAN LOUNGE, LUXURY BATHROOM.



LUXURY NEW HOUSES CLOSE TO BROADWAY & STATION £795,000

We have pleasure in offering for sale these brand new luxury family houses on this small development of just two properties. STUNNING QUALITY THROUGHOUT situated in this sought after location on the edge of the Marine Estate within walking distance of Leigh Broadway and Leigh Station. SHOW HOUSE NOW READY FOR VIEWING AT YOUR CONVENIENCE. four double bedrooms, two en suite's - MUST BE SEEN !

01702 713255

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PENDLE CLOSE BASILDON

£275,000

At a glance: ■ Three Double Bedroom Terrace House ■ Open Plan Lounge-Diner ■ Converted Loft Into Bedroom With En-Suite ■ Off Street Parking For Two/Three Cars ■ Approximately 35Ft Rear Garden ■ Central Location ■ Deceptively Spacious ■ Energy Band D

CALL 01268 565555

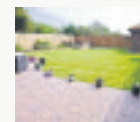


LIMBURG ROAD CANVEY ISLAND

**GUIDE PRICE
£400,000 - £425,000**

At a glance: ■ Fully Refurbished To A High Standard ■ Four Bedroom Semi-Detached Chalet Bungalow ■ Cottage Style Kitchen With Space For Dining Table ■ 70ft Landscaped Rear Garden Overlooking Open Fields ■ New Roof & Fully Double Glazed Windows Throughout ■ No Onward Chain ■ Energy Band E

CALL 01268 510510



DANESFIELD BENFLEET

£379,995

At a glance: ■ Great Location Walkable To Benfleet Station And Shops ■ En-Suite To Main Bedroom ■ Large Lounge/Diner ■ Three Double Bedrooms ■ Low Maintenance Rear Garden ■ First Floor Shower Room ■ Council Tax Band E ■ Energy Band E ■ NO ONWARD CHAIN

CALL 01268 565555



THISELT ROAD CANVEY ISLAND

£379,995

At a glance: ■ Charming Fully Detached House ■ Four Double Bedrooms ■ En-Suite To Master Kitchen/Diner ■ Separate Utility Room ■ South Facing Garden ■ Off Road Parking & Single Garage ■ Council Tax Band E ■ Energy Band E

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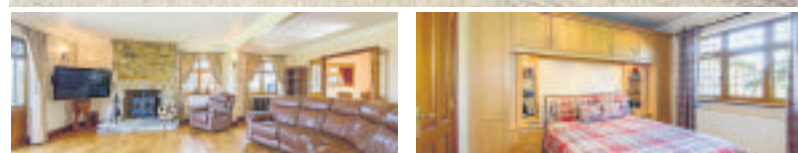
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RAYLEIGH

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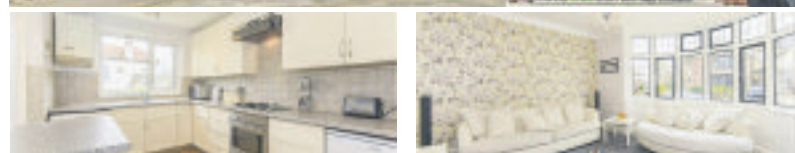
£750,000



Superb detached family home!! Offering the WOW factor at every glance this tastefully presented home is like no other, boasting a large rear garden and a detached self contained annex which has two bedrooms, two reception rooms, fitted kitchen and bathroom. Viewing is highly recommended.

Leigh-On-Sea

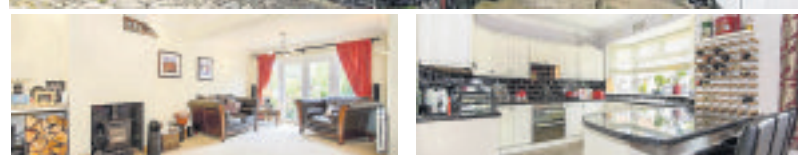
£700,000



MARINE ESTATE This detached family home has been vastly extended and provides superb living accommodation and spacious bedrooms. This imposing property has the potential to have further extensions subject to relevant planning permission being obtained. Internal viewing are highly recommended.

Rayleigh

£475,000



0.3 Miles from both Rayleigh train station & Fitzwimarc School! Offering a large amount of living space is this well kept family home, with a large kitchen/diner, lounge, study, downstairs W.C, and a south facing garden. There is also a garage and a drive allowing off street parking.

Rayleigh

£420,000



Guide Price £420,000 - £440,000. Superior family home located 0.7 miles from Rayleigh's main line station! Boasting four double bedrooms, En-suite to master, Downstairs cloakroom & Ample off street parking. The house benefits from modern decor throughout.

Hockley

£450,000



NO ONWARD CHAIN. Less than 1 mile from Hockley station this well presented five bedroom detached family home offers four double bedrooms, two en-suites, two large reception rooms and a utility room.

Rayleigh

£325,000



NO ONWARD CHAIN. Spacious semi detached house with three double bedrooms, lounge/diner, ground floor shower room, conservatory and first floor family bathroom. Property has good sized rear garden and off street parking.

Hockley

£170,000



BRAND NEW - Stunning two bedroom detached park home situated on Dome Park Home site, property benefits from large lounge/diner, modern fitted kitchen, bathroom & en-suite. Properties are being sold fully furnished with integrated appliances to the kitchen.

01268 777 767 rayleigh@connells.co.uk
113/115 High Street, Rayleigh, Essex SS6 7QA





ST GEORGE

Online and High Street Estate Agency



New
Instruction



EASTWOOD £469,995

Super 4 bedroom 3 reception room family home with double garage and no onward chain, cloakroom, kitchen/breakfast room, utility, two bathrooms, close to shops, 60ft secluded rear garden, must be viewed internally.



New
Instruction



RAYLEIGH £329,995

3 Bedroom semi-detached bungalow on bold 115ft x 50ft corner plot with detached garage and own drive, kitchen/breakfast room, newly installed bathroom, popular location, no onward chain.

FREE VALUATIONS, COMPETITIVE FEES



New
Instruction



RAYLEIGH OIEO £370,000

Immaculate 3 bedroom chalet bungalow close to High Street and Station, spacious lounge, 19ft double glazed conservatory, modern kitchen, two bathrooms, delightful garden, extensive parking, well maintained throughout.



3
Acres



CANEWDON £1,300,000

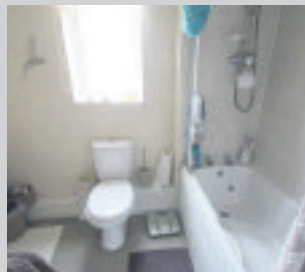
Stunning Country home set in a private location surrounded by farmland and superb views, 5 large bedrooms, 43ft kitchen family room, 3 reception rooms, detached entertainment complex/annexe, two bathrooms, landscaped gardens of 3 acres, garage and further barn, long gated drive, immaculate throughout.

01268 770728

12/14 Berry's Arcade, High Street, Rayleigh SS6 7EF

Darren Emmett: darren@stgeorgehomes.co.uk

Southend On Sea £170,000



Being situated within a popular location close to Southend seafront and within close proximity of railway station is this well maintained modern purpose built second floor apartment offering quality fixtures and fittings throughout and benefitting from a lounge with access to own private balcony, two bedrooms, main also with balcony access, modern fitted kitchen and bathroom/wc, there is allocated parking with further visitors permit parking available, No onward chain.

Southend On Sea £115,000



An opportunity has arisen to purchase this spacious first floor flat being situated in a central location within close proximity of Southend town centre and seafront. The property benefits from two double bedrooms and has a good size lounge with open plan modern fitted kitchen and a modern bathroom/wc. The property is fully double glazed and has gas central heating via radiators.

Leigh On Sea £1,100 pcm



Being situated within the sought after Marine Estate is this immaculate and attractive apartment. Spacious lounge/diner, quality fitted kitchen with integrated washing machine, tumble dryer, fridge/freezer, electric cooker with extractor fan. Two double bedrooms, attractive bathroom/WC with separate shower cubicle, white suite with chrome fittings, full double glazing and gas central heating. Quality carpets and curtains and blinds. Own garage. Sorry no pets or children.

Southend On Sea £1,100 pcm



Fully detached house situated close to Jones Memorial park. Lounge, separate dining room, fitted kitchen with integrated fridge, cooker and oven to remain. L-shaped conservatory/utility area with plumbing for washing machine and vent for tumble dryer. Three bedrooms, two double and one good size single. Bathroom with separate shower cubicle, further separate wc, gas central heating and double glazing, west backing rear garden. Please note - the garage is being retained by the landlord however small off street parking available in front of garage.

TO LET LEIGH ON SEA £128,000 PER ANNUM

Sitting on a self contained 2 acre site with high eaves warehouse space office buildings interlinked with 2 storey office building and car parking to front. To rear are further single storey storage building and concrete covered rear yard.

TO LET WICKFORD £10,000 PER ANNUM

The property is a mid terrace industrial/warehouse unit of steel portal frame with profiled insulated panels to walls and roof. Roller shutter and pedestrian access doors with male and female toilets. Allocated car parking to front and on site.

TO LET SOUTHEND HIGH STREET £65,000 PER ANNUM

The property has previously been granted A3 restaurant use with kitchen and seating area to the front, with male and female toilets and further storage to the rear. On the first floor there are various sized offices with male and female toilets. The second floor provides further office space. To the rear of the property there is car parking and bin storage area.

FOR SALE WESTCLIFF ON SEA £260,000

The mixed commercial/retail investment opportunity consists of a A1 retail unit, a rear ground floor one bedroom flat, small courtyard garden and a first floor three bedroom flat. The property can be offered with vacant possession on completion.

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Leigh Heights, HADLEIGH

Guide £370,000 - £380,000



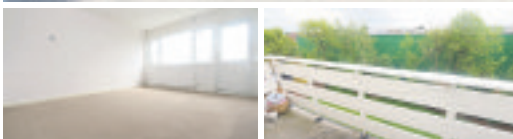
Large Detached Bungalow In This Delightful Turning Within Hadleigh In Excellent Condition Throughout & With Beautiful Landscaped Gardens \ Lounge/Dining Room/Conservatory 23'9 x 15'1 max \ Kitchen 11'3 x 8'7 \ Bedroom One 14'7 x 12'1 \ Bedroom Two 12'9 x 9'10 \ Three Piece Bathroom Suite \ Further Cloakroom \ 65ft Rear Garden \ Garage & Off Street Parking \ Solar Panels Providing Substantial Reduction In Energy Costs \ Epc - C \ Call 01702 555888

Westwater, BENFLEET

Guide £475,000 - £499,995



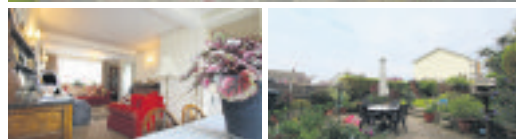
A High Quality Substantial Family Home Having Undergone Many Improvements Throughout In This Delightful Location \ Study 10'3 x 7' \ Kitchen/Breakfast Room With Black Granite Work Tops 13'7 x 10'4 \ Lounge 18'5 x 11'10 \ Conservatory 11'11 x 7' \ Cloakroom \ Four Double Bedrooms \ En-Suite Shower room To Master \ Luxury Four Piece Bathroom Suite With Jacuzzi Bath And 'Steam' Shower \ Games Area 18'10 x 13'4 Max \ Solar panels Producing High amounts Of Renewable Energy \ Dual Fuel Stove \ Garage \ Off Street Parking \ Deceptively Large Accommodation \ Quiet Turning \ Sought After Location \ Viewings Advised \ Epc - C \ Call 01702 555888

HADLEIGH**£169,995****SPACIOUS**

Offered With A Share Of The Freehold A Substantial Second & Third Floor Maisonette With South Facing Balcony \ Dining Room 11'10 x 7'4 \ Kitchen 10'3 x 5'8 widening slightly to one end \ Three Piece Bathroom Suite \ Bedroom Two 10'2 x 7'11 \ Lounge 14'4 x 13'3 With Balcony \ Bedroom One 13'3 x 10'3 \ Off Street Parking Area \ Convenient Location For Town Centre \ Epc - D \ Call 01702 555888

HOCKLEY**OIEO £270,000**

Charming Two Bedroom Semi-Detached Cottage \ Built in 1896 \ Situated on One of Hockley's Most Prestigious Roads \ Benefits from 90' Rear Garden \ Walking Distance to Hockley Train Station \ Walking Distance to Ancient Woodland of Hockley Woods Covering Approx. 250 Acres \ Deceptively Spacious Internal Accommodation \ Off Street Parking for Two Vehicles \ Well Presented Accommodation Throughout \ Excellent Transport Links \ Landscaped South Facing Rear Garden \ Ideal for First Time Buyers \ Available to View Immediately \ Call 01702 207720 NOW!

HOCKLEY**£337,000**

Three Double Bedroom Semi-Detached Family Home \ Located in One of Hockley's Most Illustrious and Favoured Locations \ Within Walking Distance of Hockley High Street, Hockley Mainline Railway Station, Hockley Tennis Club AND Hockley Woods \ Spacious Three Double Bedrooms \ Bedroom One 14'1 x 8'7 \ Bedroom Two 12' x 8'8 plus door recess \ Bedroom Three 8'8 x 8'5 \ Spacious Lounge/Diner 24'8 x 11'9 \ Ground Floor Shower Room \ Garage 20'8 x 10'4 and Off Street Parking \ Viewing by Appointment with the Vendors Agent Amos Estates 01702 207720 ONLY

BENFLEET**Guide £265,000 - £280,000****SPACIOUS**

Having Spacious Accommodation Over Three Floors A Three/Four Bedroom Town House With Off Street Parking & Landscaped West Backing Rear Garden \ Ground Floor Bedroom/Study 12'0 x 7'0 \ Ground Floor Cloakroom \ Lounge (L-Shaped) 15'5 max x 14'11 max \ Kitchen/Diner 14'11 x 14'6 \ Modern Three Piece Bathroom Suite \ Bedroom One 15'3 x 8'6 \ Bedroom Two 12'0 x 8'4 \ Bedroom Three 12'6 x 6'4 \ Landscaped West Backing 30ft Rear Garden \ Call 01702 555888

BENFLEET**Guide £350,000 - £375,000****SOUTH BACKING**

A Substantial Three Bedroom Property With Fabulous Accommodation Arranged Over Two Floors & Fantastic South Backing Gardens & Detached Outbuilding \ Lounge 17'6 x 11'10 \ Dining Room 16'0 x 10'9 \ Kitchen 8'11 x 8'11 \ Wet Room \ Ground Floor Bedroom 11'9 x 8'11 \ Ground Floor Bedroom 13'10 x 10'7 \ First Floor Bedroom One 20'7 max into staircase x 13'8 max With En-Suite Bathroom \ Detached Outbuilding With Bar Area & Seating, TV Point & Heating 21'0 max x 11'4 \ EPC Band D \ Call 01702 555888

Land required with or without planning.

Broughton Road, HADLEIGH**Guide £375,000 - £385,000****130ft WEST BACKING GARDEN**

A Substantial Four Bedroom Property With A Fabulous 130ft L-Shaped West Backing Rear Garden \ Lounge/Diner 18'10 into bay x 11'11 \ Ground Floor Bedroom One /Dining Room 17'6 into bay x 10'11 \ Kitchen/Breakfast Room 13'5 x 9'5 \ Ground Floor Bedroom Two 14'3 x 12'1 \ Modern Three Piece Bathroom Suite \ First Floor Master Bedroom 15'11 x 15'9 \ First Floor Bedroom Two 13'1 x 7'1 \ West Backing L-Shaped 130ft Rear Garden \ EPC Band E \ Call 01702 555888

Hadleigh - t: 01702 555 888
 Hockley - t: 01702 207 720
 Rayleigh - t: 01268 742 742
www.amosestates.com

team

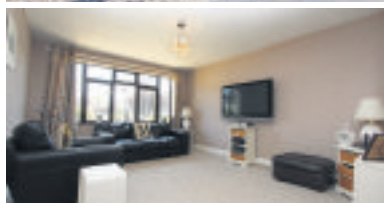
HELLO HOCKLEY

Amos have moved in...

Come down to our office on
63-65 Spa Road and say hello.

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estates

Hamilton Gardens, HOCKLEY \ £520,000



Versatile Chalet Bungalow \ Three Bedrooms \ Two Reception Rooms \ Large West Backing Rear Garden \ Heated Swimming Pool \ In and Out Driveway \ Walking Distance to Hockley Station, Greensward Academy and Plumberow School as well as Hockley High Street \ Well Presented Modern Accommodation \ Lounge 17'2 x 11'8 \ Family Room 16'1 x 12'5 \ Bedroom One 15'9 x 8'8 \ Kitchen 19'1 x 9'3 \ Bedroom Two 12'6 x 8' \ Bedroom Three 12'6 x 7'6 \ Downstairs Bathroom \ Additional First Floor Shower Room \ Two Timber Storage Sheds \ Viewing by Appointment on 01702 207720 ONLY

White Hart Lane, HOCKLEY \ £429,995



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Southend-on-Sea / £1,025pcm



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This is a deceptively spacious two bedroom house within walking distance to Southend High Street and Train station. With two reception rooms, a modern kitchen with utility room, two double bedrooms and a large bathroom. Externally there is a courtyard style rear garden and off street parking! EPC Band D / Fees Apply

Benfleet / £1,200pcm



LET
AGREED



This is a good size three bedroom semi-detached house in Benfleet comprising of a large lounge, good size kitchen, downstairs WC, two double and one single bedrooms and a modern bathroom. There is a driveway for two cars, a garage and a landscaped rear garden. The property has been fully refurbished throughout! EPC Band D / Fees Apply .

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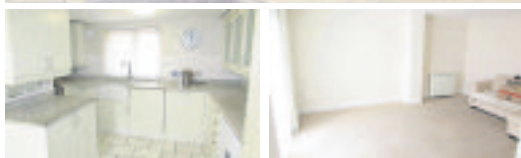
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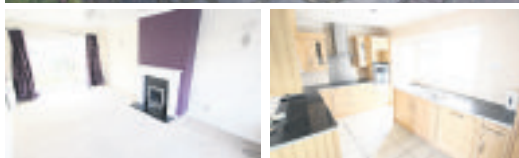


This immaculate two bedroom cottage in South Benfleet is perfect for any commuters being situated within a minutes walk of the train station and the amenities. With a fully fitted modern kitchen, dining area, downstairs W/C, luxury three piece bathroom suite, two bedrooms, courtyard and parking! EPC Band D / Fees Apply

Hadleigh / £1,300pcm



LET
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This is a three bedroom semi detached house within a sought after area of Hadleigh. The property comprises of a large lounge with feature fireplace, a modern kitchen with white goods included, conservatory, two double bedrooms, a single bedroom, a modern three piece family bathroom and separate additional W/C. The property benefits from a good size rear garden backing onto woodland and plenty of off street parking including a garage. EPC Band E / Fees Apply

Rayleigh / £1,500pcm



LET
AGREED



This is an extended three bedroom detached house in Rayleigh within walking distance to the train station. Comprising of a lounge with patio doors opening on to the well maintained garden, downstairs W/ C, extended modern kitchen / diner, three bedrooms and a large modern four piece bathroom suite. EPC Band C / Fees Apply



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Balance family budget with bargain Insignia

By Jon Smith

THE Vauxhall Insignia has been around for eight years now, but continuous development and a facelift in 2013 have kept it fresh and fighting – and it remains seriously good family value.

One of best models to go for from the range is the Sports Tourer SRI Nav with new “whisper” diesel 1.6-litre engine, offering the combined increased practicality of an estate with miserly economy.

True to its nickname the latest engine is much quieter than older Vauxhall diesels.

In fact, this ecoFLEX unit has a degree of smoothness and refinement that puts it at the helm of the current crop of oilburners.

With a capacity of 1,598cc you tend to question whether the task of hauling a sizeable five-seater estate is too great.

But with a generous 236lb/ft of torque the Vauxhall has a big heart. It's a responsive unit that reacts quickly to the throttle so long as revs are kept flowing above the 2,000rpm mark and real-life driving sees averages of 45-48mpg.

Running costs are reasonable with emissions of 114g/km and an official government average of 65.7mpg.

Performance is brisk rather than rapid with 62mph coming up in 11.4 seconds and a maximum of 124mph, and the SRI is fitted with lowered and beefed up sports suspensions.

Cornering and ride quality are possibly its



VALUE: Vauxhall Insignia Sports Tourer SRI Nav 1.6 CDTI

weakest areas – nothing unsafe or shocking – but there's a lack of fluency in the ride and no real incentive to push hard through corners because of a lack of general athleticism.

Of more interest, though, to most people interested in this sector will be load space.

Despite quite a high load deck, the Insignia can swallow up 540 litres of cargo with rear seats in place and up to 1,530 litres when they are folded down (these split 60-40).

These stats are generous enough, but trail rivals such as the VW Passat and Ford

Mondeo slightly, and are a longer way behind market leader, Skoda Superb, which absorbs more than 2,000 litres.

Under the boot floor, there's a small shallow area where you can hide away valuables.

The cabin uses good quality materials and has a sensible, easy-to-operate design.

A cleaner console incorporating standard sat nav is both easier to read and smarter.

The central oddment box is on the small size, but there are generous door pockets and a good-sized glove box.

The steering wheel is adjustable for both height and reach, and the driver's seat has multiple adjustments, but I wasn't able to set it quite high enough for my ideal position.

Both driver's and passenger's seat squabs are made to extend.

Those in the rear have decent head and legroom and it is quite possible to seat three abreast if required.

When just two are on board, use can be made of a central armrest which includes two cup holders.

This car was fitted with optional 19-inch alloys, which look great but probably impair the ride standard a tad.

It also had front and rear parking sensors at £450.

With a basic price tag of £23,724, the SRI Nav 1.6 CDTI is undoubtedly a real bargain for a family driver with an eye on the budget.

FAST FACTS

Price: £23,724

Mechanical: 134bhp, 1,598cc, four-cylinder diesel engine driving front wheels via six-speed manual gearbox

Max speed: 124mph

0-62mph: 11.4 seconds

Combined mpg: 65.7

Insurance group: 17

CO2 emissions: 114g/km

BiK rating: 20%

Warranty: Three years/60,000 miles

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Alfa Romeo Giulietta 1.4 TB MultiAlr	9,500	Black	12	Ford Fiesta 1.4 Zetec 3dr	5,000	Red	09
Alfa Romeo MiTo 1.4 18 MultiAir	4,500	Red	10	Ford Focus 1.6 Style 5dr	4,000	Blue	09
Alfa Romeo Spider 2.2 JTS Limited Edition	6,000	Black	08	Ford Focus 1.6 TDCi Zetec 5dr	8,500	Black	13
Audi A3 Cabriolet 1.8 TFSi S line 2dr	8,000	Blue	08	Ford Focus 1.6 TDCi Zetec 5dr	8,000	White	12
Audi A4 2.0 TDi SE Multitronic 4dr	11,500	Grey	12	Ford Focus 1.6 TDCi Zetec 5dr	7,500	Silver	13
Audi A4 2.0 TDie SE 4dr	7,500	Grey	10	Ford Focus 1.6 Ti-VCT Titanium 5dr	7,000	Black	11
Audi A4 Cabriolet 1.8 T S Line Multi	5,500	Silver	06	Ford Focus 1.6 Zetec 5dr	4,500	Grey	10
Audi TT 2.0 TFSi Exclusive Line 3dr	8,000	Grey	08	Ford Focus 1.6 Zetec 5dr	5,000	Black	10
BMW 1 Series 1.6 116i Sport 5dr	3,500	Blue	05	Ford Focus 2.5 SIV ST-2 3dr	6,500	Blue	07
BMW 1 Series 2.0 116i Sport 5dr	7,000	Black	09	Ford Focus 2.5 SIV ST-2 3dr	10,500	Red	10
BMW 1 Series 2.0 116d M Sport 2dr	11,500	Black	12	Ford Fusion 1.4 Zetec 5dr	5,500	Black	12
BMW 1 Series 2.0 120i Sport 5dr	4,000	Blue	05	Ford Fusion 1.4 Zetec Climate 5dr	4,000	Blue	09
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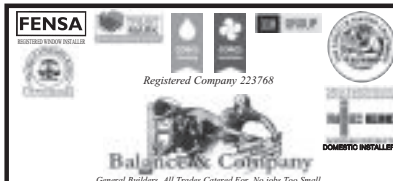
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CUP TO DECIDE EUROPA PLACE

West Ham United

Stoke City 2 West Ham 1
Brian Jeeves reporting from the Britannia Stadium

MAME DIOUF'S late header sent West Ham spinning to defeat and has left their European aspirations hanging by a thread.

West Ham arrived in the Potteries knowing three points would ensure they moved into the Olympic Stadium with a Europa League berth next season.

Manager Slaven Bilic made one change to the team that beat Manchester United in the Boleyn Ground's farewell match last Tuesday, with James Tomkins coming in for the injured Dimitri Payet.

Stoke were keen to finish the campaign with a flourish and victory would give them their highest Premier League points tally and a top ten finish.

Early exchanges were scruffy, but it was West Ham, with more at stake, who made a lightning start.

Cheikhou Kouyate burst in from the right and his centre was swept to safety. But from the resulting flag-kick the Hammers grabbed the lead.

Michail Antonio turned on the proverbial sixpence before firing beyond Potters goalkeeper Shay Given and defender Giannelli Imbula on the line.

The goal buoyed the visitors who were already in control. Antonio thundered over while Diafra Sakho hit the side netting as West Ham looked to double their money.

Stoke's anxious start got through to the home crowd who were unusually subdued.

Kouyate's snap shot was deflected behind as the Ham-

mers continued to ask the stern-er questions.

Bojan eventually offered some form of response from the hosts, driving the wrong side of an upright after crafting an opening from the left.

West Ham continued to dominate after the break. Sakho should have put the game out of Stoke's reach, but fired directly at Given after Antonio's cross picked him out.

Soon the Hammers were made to pay for their wastefulness. Potters record signing Imbula snatched possession and drilled a crisp low drive past Darren Randolph.

Now it was West Ham on the backfoot, with Bojan and Imbula testing the visitors' resolve with a series of forward forays.

Imbula drove a decent opportunity into Randolph's midriff, but Hammers substitute Enner Valencia should have done better, heading over after Mark Noble's diagonal ball picked him out, while Emmanuel Emenike and Antonio were both denied by some desperate defending after a goal-mouth melee.

An audacious effort from Charlie Adam almost caught out a frantically backpedaling Randolph as Stoke looked to snatch the points late in the day.

But Stoke grabbed the win that had earlier looked unlikely when Diouf rose unmarked to head Adam's corner beyond Randolph.

Hammers keeper Randolph joined the attack as West Ham tried to save the game but the Irish stopper headed Lanzini's free-kick off-target.

This was a disappointing end to a fantastic campaign for the Hammers who now need Man-



MIXED EMOTIONS: Slaven Bilic chester United to beat Crystal Palace in Saturday's FA Cup Final to secure a Europa League place.

After the game Bilic said: "I'm gutted. I'd like to congratulate Stoke because they took their chances."

"One part of me is very disappointed, angry. The other half is happy after the way we played because it was different class."

"After we scored, until the end of the first half, we should have been more than one goal up."

"I said to the guys at half-time, if it was basketball, we would be 15 or 20 points ahead."

"But it's football, and the start of the second half we had a massive chance through Sakho but Shay Given made a great save."

"Then they equalised, after that there were three or four chances from corners. Then like so many times in football, you concede a goal. It was just one of those days that makes you really frustrated."

Stoke chief Mark Hughes said: "It's been difficult this year. I

think of all the seasons that we've managed ninth, this is the most satisfying because it was more difficult this year."

"We put ourselves in a fantastic position six or seven games ago and thought we could really kick on. But then we were clearly hurt with losing Jack [Buckland]."

"There was a little bit of disruption and we lost a little bit of confidence. We struggled with a little bit of form."

He added: "I thought we started brightly enough. I thought the goal was a little bit against the run of play but then we got a little bit anxious."

"The crowd got a little bit anxious and wanted us to go a little bit more direct, but we are not set up to do that."

"I had to remind them at half-time just to play our stuff, get on the ball, be strong and brave in possession. I thought that's exactly what we did in the second half."

West Ham are next scheduled in action on Sunday, August 7, when they open their stadium with a friendly against Italian champions Juventus at 1pm.

Stoke City: Shay Given, Geoff Cameron (Phil Bardsley), Ryan Shawcross, Philipp Wollscheid, Erik Pieters, Glenn Whelan, Giannelli Imbula, Jonathan Waters, Bojan (Charlie Adam), Marko Arnautovic, Joselu (Mame Diouf) Subs not used: Jakob Haugaard, Marc Muniesa, Xherdan Shaqiri, Peter Crouch

West Ham United: Darren Randolph, James Tomkins (Victor Moses), Winston Reid, Angelo Ogbonna, Aaron Cresswell, Cheikhou Kouyate, Michail Antonio, Mark Noble, Manuel Lanzini, Diafra Sakho (Emmanuel Emenike), Andy Carroll (Enner Valencia) Subs not used: Raphael Spiegel, Pedro Obiang, James Collins, Sam Byram

Referee: Mike Jones
Assistants: M Perry and M Scholes
Fourth official: G Etringham
Attendance: 27,721

Bannister upbeat despite disappointment

Motor racing

THE weekend proved to be a bittersweet story for Basildon racer Luke Bannister.

The 26-year-old competed in the Fiesta Championship at Rockingham, Northamptonshire, hoping to follow on from his double

win success at Silverstone a few weeks ago.

Starting on pole position in class, a tricky first race and a few errors lost Bannister crucial lap time and he had to settle for second place at the chequered flag.

Trying to put his misfortune behind him, Bannister pushed a little too hard in the sec-

ond race later in the day and a spin put him out of contention for the win, but he came home to score another second place finish.

Despite his misfortune on the track, Bannister still scored a respectful tally of points which still sees him lead the class B championship.

Non-league round-up

Cowley quits for Lincoln City post

BRAINTREE Town manager Danny Cowley has quit the north Essex outfit to link up with fellow National Leaguers Lincoln City.

Cowley, his brother and assistant manager Nicky, have signed a deal to take the reins at Sincil Bank, after guiding the Iron to a third place finish, before being beaten by play-off winners Grimsby Town.

Iron's chairman Lee Harding told the club's website: "Yes, it's a shame for us but, first of all, I would like to thank both Danny and Nicky for their efforts throughout their year at our club."

"What they have achieved with the players has been remarkable. But it seems the offer of a £500,000 playing budget and full-time status has proved to be too good for them to turn down."

"I think it is an incredibly brave decision on their parts, but I really do hope it works out for them – they are good people."

"Our thoughts now to turn to closer to home and we now seek applicants for the management role at the Avanti Stadium. The past 12 months have proved that part-time clubs and, in particular, Braintree Town can compete in this division."

"The windfall we have received from the play-offs will allow us to further improve both our playing budget and playing surface over the coming months and I now look forward to selecting the next manager of the club to continue our push towards our ultimate ambition."

Braintree play a series of home pre-season matches ahead of the 2016/17 campaign on Saturday, July 16 v Southend United; Tuesday, July 19 v Gillingham and Saturday, July 30 v Cambridge United.

Former Southend United midfielder Kevin Maher has ruled himself out of the manager's job at National League South club Chelmsford City.

Maher was caretaker boss at the Melbourne Stadium, steering the Claret's clear of relegation after taking over from Mark Hawkes.

Canvey Island striker Martin Tuohy has been selected in the Ryman Premier League team of the year after hitting 24 goals. He was joined by East Thurrock United's evergreen frontman Sam Higgins, who played his part in helping the Rock to promotion to the National League South after a play-off victory over Dulwich Hamlet.

Essex Senior League club Ilford have scheduled warm-up matches on Tuesday, June 28 v Debden Sports (a); Saturday, July 2 v Rayleigh Town (a); Saturday, July 9 v Aveley (at Robert Clack School, Dagenham); Tuesday, July 12 v Tilbury (at Robert Clack School, Dagenham); Tuesday, July 19 v Colney Heath (a); Saturday, July 23 v White Ensign (a); Tuesday, July 26 v Kelvedon Hatch (at Robert Clack School, Dagenham); Saturday, July 30 v Harold Hill (a) and Tuesday, August 2 v Frenford Senior (venue tbc).

Ilford boss Allan Fenn said: "I am also hoping to add to my excellent group of coaches. It is all going great at the club at the moment."

Fellow Essex Senior Leaguers, Clapton, will face Cockfosters on Saturday, July 16, Welwyn Garden City on July 23, Coldicote on July 30 and White Ensign on Tuesday, August 2.

Prokit UK Essex Olympian League club White Ensign have announced a game with Great Baddow (July 30) alongside those listed above.

In the final round of games in the Pro Kit UK Essex Olympian League, Harold Wood Athletic were resounding 6-0 Premier Division winners over Buckhurst Hill. Kelvedon Hatch beat Hannakins Farm 1-0, and Bishop's Stortford Swifts won at Rayleigh Town by the odd goal in three.

In EOL Division Three, Sungate were comfortable 4-1 winners at Leytonstone United.



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Abdul Sobur receives his certificate from the Mayor of Southend, Coun Andrew Moring.

WESTCLIFF TAKEAWAY CELEBRATES EXCELLENCE AWARD

ABDUL Sobur has triumphed again, with his Indian Takeaway Zafran, at 809 London Road, winning the unique Essex Excellence Award in the Good Curry Guide. This is one of only 24 awards allocated nationally.

Chosen from out of 9,000 Indian Restaurants in the UK, this award recognises a unique standard of excellence, allowing Zafran entrance into the exclusive Cobra Good Curry Guide 2016, founded by Pat Chapman.

The Mayor of Southend, Coun Andrew Moring, attended an award ceremony in March at the restaurant, where Pat Chapman presented the award.

Mr Sobur, who is a former Dorchester Hotel chef, is no stranger to awards, and the esteem in which his Indian takeaway is held keeps growing.

The takeaway can be found on London Road by Chalkwell Park's main entrance gates, and is open every day from 5pm to 11pm.

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1	LAMB TIKKA	\$2.95
2	CHICKEN TIKKA	\$2.95
3	TANDOORI CHICKEN	\$2.95
4	SHEEK KEBAB	\$2.95
5	CHICKEN OR ALLOO CHAT	\$2.95
6	KING PRAWN PATHIA PURI	\$4.95
7	PRAWN PATHIA PURI	\$3.50
8	SAMOSAS (2) (VEGETABLE OR MEAT)	\$2.00
9	ONION BHAJEE (4)	\$2.95
10	CHICKEN PAKORA	\$2.95
11	CHICKEN TIKKA ROLL (With Naan Bread)	\$4.70
12	KEBAB ROLL (With Naan Bread)	\$4.70
12a	TANDOORI KING PRAWN	\$5.50
12b	PRAWN COCKTAIL	\$3.50
12c	KING PRAWN BUTTER FRY	\$4.95

TANDOORI SPECIALITIES

13	LAMB TIKKA	\$5.95
14	CHICKEN TIKKA	\$5.40
15	TANDOORI KING PRAWNS	\$10.95
16	TANDOORI CHICKEN (HALF)	\$5.95
Two pieces of chicken on the bone		
17	SHEEK KEBAB	\$5.70
Minced lamb finger rolls seasoned with onion & herb		
18	MIXED GRILL	\$9.20
Pieces of tandoori chicken, chicken tikka, tandoori king prawn, boti & sheek kebab Served together		
19	HASINA KEBAB	\$6.95
Boneless lamb pieces grilled with onions, green peppers and tomato		
20	CHICKEN SHASHLUCK	\$6.70
Boneless chicken pieces grilled with onions, green peppers and tomato		
21	KING PRAWN SHASHLUCK	\$10.95
King size prawns in a special presentation		
22	NAAN	\$1.80
Leavened tandoori bread		
23	KEEMA NAAN	\$2.50
Leavened tandoori bread with Minced lamb filling		
24	KULCHA NAAN	\$2.50
Leavened tandoori bread with vegetable filling		
25	PESHWARI NAAN	\$2.50
Leavened tandoori bread with almond & saffron filling		
26	GARLIC NAAN	\$2.50
Leavened tandoori bread with garlic		

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AWARD WINNING CHEFS SPECIALITIES

30	CHICKEN DABAWALA	Small Large
31	LAMB DABAWALA	\$5.50 \$7.50
32	CHICKEN SHATKORA	\$5.50 \$7.50
33	LAMB SHATKORA	\$5.50 \$7.50
34	TIGER PRAWN GOAN MASALA	\$5.50 \$7.50
Tiger prawns cooked in a thick goan red spice sauce		
35	GALINHA CARREAL GOA CHICKEN	\$5.50 \$7.50
An authentic chicken dish from goa cooked with fresh coriander, green chillies and coconut milk		
36	GOAN LAMB SURHEM (LAMB OR CHICKEN)	\$5.50 \$7.50
Boneless cubes of lamb cooked with ginger and garlic in red masala vinegar and curry leaves		
37	XACUTTI DE CARNE-GALINHA (LAMB-CHICKEN SHAKUTTI)	\$5.50 \$7.50
A blend of roasted herbs, coconut and spices from goa, a traditional recipe from the ever so famous beach resort		

NEW DISH IN TOWN

77a	GOSHT KATA MASALA	Small Large
Indian tradition Molsa (Spice)		\$5.50 \$7.50
77b	CHICKEN MOROBA	\$5.50 \$7.50
Indian tradition Korma (Mild)		

MUGHLAI DELICACY

38	CHICKEN OR LAMB SHASHLUCK MASALA	Small Large
39	CHICKEN OR LAMB PASANDA	\$5.50 \$6.70
Pieces of chicken or lamb marinated in a thick cream sauce		
40	MUGH MAUJHAN BUTTERED CHICKEN	\$5.50 \$6.70
Tandoori baked chicken, cooked in spices butter and cream		
41	CHICKEN TIKKA MASALA	Off the bone \$5.50 \$6.70
Chicken pieces, tandoori grilled & cooked in a thick sauce		
42	LAMB TIKKA MASALA	\$5.85 \$6.95
Pieces of lamb grilled and cooked in a thick sauce		
43	TANDOORI KING PRAWN MASALA	\$7.50 \$10.95
Chunks of king prawns, marinated and grilled in tandoori oven and cooked in a thick sauce		
44	CHICKEN TIKKA DOPHAZA	\$5.50 \$6.70
Boneless chicken, marinated and grilled in tandoori, cooked with raw onion and medium spices		
45	CHICKEN TIKKA KARAHI	\$5.50 \$6.70
Cooked with capsicum onion and tomatoes		
46	CHICKEN TIKKA NONSURIAN	\$6.00 \$7.95
(Award Winning Dish) Green peppers, onions, tomato, chicken tikka thick sauce		
47	CHICKEN TIKKA JALFREZI	\$5.50 \$6.70
48	CHICKEN TIKKA ROCCON	\$5.50 \$6.70
49	CHICKEN TIKKA DHANSAK	\$5.50 \$6.70
50	CHICKEN TIKKA SAG	\$5.50 \$6.70
51	CHICKEN TIKKA GARLIC	\$5.50 \$6.70
52	CHICKEN TIKKA BHUNA	\$5.50 \$6.70
53	CHICKEN TIKKA CURRY	\$5.50 \$6.70
Madras or vindaloo		
54	CHICKEN TIKKA REZZALA	\$5.50 \$6.70
Hot with green chillies, onion green peppers and tomatoes		
55	CHICKEN TIKKA JEEBA	\$5.50 \$6.70
Whole curin		
56	ACHARI CHICKEN OR LAMB	\$5.50 \$6.70
Cooked with pickle, green pepper and onion		

BALTI DISHES

(Large dishes served with naan bread)		Small Large
57	BALTI LAMB	\$5.50 \$7.50
58	BALTI CHICKEN	\$5.50 \$6.95
59	BALTI PRAWNS	\$6.50 \$7.75
60	BALTI KING PRAWNS	\$7.50 \$10.95
61	BALTI VEGETABLES	\$4.75 \$6.50
62	BALTI CHICKEN TIKKA	\$5.95 \$7.95

BIRYANI DISHES

(Vegetable dish included)		Small Large
63	CHICKEN TIKKA BIRYANI	\$5.50 \$7.45
64	LAMB TIKKA BIRYANI	\$5.50 \$7.95
65	CHICKEN BIRYANI	\$5.50 \$7.20
66	VEGETABLE BIRYANI	\$5.50 \$6.90
67	MIXED BIRYANI	\$6.50 \$8.95
68	PRAWN BIRYANI	\$5.50 \$7.95
69	KING PRAWN BIRYANI	\$7.50 \$9.95
70	LAMB BIRYANI	\$5.50 \$7.50

CHICKEN DISHES

(all breast of chicken)		Small Large
71	CHICKEN SHAHI KORMA (Mild)	\$4.75 \$5.75
72	CHICKEN CURRY (Medium)	\$4.50 \$5.60
73	CHICKEN MADRAS (Fairly hot)	\$4.50 \$5.65
74	CHICKEN VINDALOO (Very hot)	\$4.50 \$5.65
75	CHICKEN BHUNA	\$4.50 \$5.65
76	KARAH CHICKEN	\$4.50 \$5.75
Specially prepared tender chicken pieces cooked with spices and served with a fresh ginger topping		
77	CHICKEN JALFREZI	\$4.60 \$5.75
Hot and sour, cooked with green chillies		
78	SAG CHICKEN	Cooked with spinach \$4.60 \$5.95
79	ROGAN CHICKEN	\$4.50 \$5.65
With cooked tomatoes on top		
80	CHICKEN DHANSAK	\$4.55 \$5.65
Sweet, sour and hot, cooked with lentils		
81	CHICKEN MALAYA	\$4.65 \$5.75
Cooked with pineapple		
82	CHICKEN PATHIA	Sweet, sour & hot \$4.75 \$5.85
83	CHICKEN DOPHAZA	\$4.50 \$5.60
With fried onion on top		
84	CHICKEN CHILLI MASALA	\$4.70 \$5.75
Very hot and cooked with green chillies		
85	CHICKEN & MUSHROOM	\$4.50 \$5.60
86	CHICKEN CYLON (Cocoon) (Hot)	\$4.50 \$5.60

LAMB DISHES

87	LAMB SHAHI KORMA (Mild)	Small Large
88	LAMB CURRY (Medium)	\$4.60 \$5.95
89	LAMB MADRAS (Fairly hot)	\$4.50 \$5.95
90	LAMB VINDALOO (Very hot)	\$4.50 \$5.95
91	LAMB BHUNA	\$4.50 \$5.95
92	LAMB JALFREZI	\$4.70 \$5.95
Hot and sour with green chillies		
93	METHI GOSTH	\$4.60 \$5.95
Cooked with fenugreek leaves dry		
94	SAG GOSTH	Cooked with spinach \$4.75 \$6.10
95	ROGAN JOSH	Cooked tomatoes on top \$4.50 \$5.95
96	LAMB DOPHAZA	With fried onion on top \$4.50 \$5.95
97	LAMB DHANSAK	\$4.50 \$5.95
Sweet, sour and hot, cooked with lentils		
98	LAMB PATHIA	Sweet, sour & hot \$4.60 \$5.95
99	KARAH GOSTH	\$4.65
Specially prepared tender lamb pieces cooked with spices and served with a fresh ginger topping		

PRAWN DISHES

100	PRAWN BHUNA	Small Large
101	SAG PRAWN	Cooked with spinach \$5.50 \$6.95
102	PRAWN JALFREZI	\$5.50 \$6.95
Very hot and sour, cooked with green chillies		
103	PRAWN PATHIA	Sweet, sour & hot \$5.50 \$6.95
104	PRAWN SHAHI KORMA	\$5.50 \$6.95
105	PRAWN CURRY	(Madras or vindaloo) \$5.50 \$6.95
105a	PRAWN DANGAL	\$5.50 \$6.95

KING PRAWN DISHES

106	KING PRAWN BHUNA	\$7.45 \$9.95
107	KING PRAWN SAG	\$7.45 \$9.95
Cooked with spinach		
108	KING PRAWN JALFREZI	\$7.45 \$9.95
Very hot and sour, cooked with green chillies		
109	KING PRAWN PATHIA	\$7.45 \$9.95
Sweet, sour and hot		
110	KING PRAWN SHAHI KORMA	\$7.45 \$9.95
111	KING PRAWN CURRY	\$7.45 \$9.95
(Madras or vindaloo)		
111a	KING PRAWN DANGAL	\$7.45 \$9.95

VEGETABLE DISHES

112	VEGETABLE BHAJEE	\$2.85
113	MUSHROOM BHAJEE	\$2.95
114	SAG Spinach BHAJEE	\$2.95
115	SAG Spinach PANNEER (Cheese)	\$3.50
116	SAG ALLOO (Spinach and potatoes)	\$2.95
117	BHINDI (Okra) BHAJEE	\$2.85
118	VEGETABLE CURRY	\$2.75
120	Cauliflower BHAJEE	\$2.85
121	ALLOO GOBI (Potatoes and Cauliflower)	\$2.75
122	BOMBAY POTATOES	\$2.75
123	TARNA DAL (Lentils)	\$2.95
124	CHANNA MASALA (Chick peas)	\$2.95
125	MALTI PANNEER (Processed peas & cheese)	\$3.50

VEGETABLE MAIN DISHES

126	MIXED VEGETABLE CURRY (Main dish)	\$4.95
126a	VEGETABLE KORMA OR MASALA	\$4.95
126b	VEGETABLE BHUNA OR DOPHAZA	\$4.95
126c	VEGETABLE GOA CARREAL OR NONSURIAN	\$6.50
126d	VEGETABLE KARAHI OR SHASHLUCK MASALA	\$4.95

RICE AND SUNDRIES

127	PLAIN RICE	\$1.95
128	PILAU RICE (Basmati)	\$2.30
129	SPECIAL FRIED RICE (With egg)	\$2.50
130	PEAS PILAU	\$2.50
131	VEGETABLE PILAU	\$2.50
132	MUSHROOM PILAU	\$2.50
133	RAITA (Cucumber or onion yoghurt)	\$1.50
134	PARATHA	\$1.95
135	STUFFED PARATHA	\$2.10
136	CHAPATI	\$1.20
137	PAPPADUM	\$0.60
138	MASALA PAPPADUM	\$0.60
139	CHUTNEYS (Per portion)	\$0.60
140	CHIPS	\$2.50

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